


**2016 Women's Artistic  
Gymnastics Competition  
Handbook<sup>©</sup>**

**British  
Gymnastics**  
More than a sport

## Version History

The Women's Artistic Gymnastics Technical Committee reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;

**Version 1.0** – Original

**Version 1.1** – 24 August 2015 Changes to page 30-minimum scores needed changing Page 23 Junior Vault wording changed to 'Group' from Family

**Version 1.2** – 07 October Update to venues & TC Members

**Version 1.3** – 09 October update to All Competition structures EXCEPT the Senior British Championship

**Version 1.4** – 22 October update to venues for Challenge Cups & Vol 4,3,2.

**Version 1.5** – 17 December addition of Disability NDP pg 27

**Version 1.6** – 18 January Change to Event Title from British Senior Team Championships to National Senior Team Championships pgs 7 & 20

**Version 1.7** – 09 February Change of Event date for Bill McLoughline & Compulsory Level 2 & 1 Qualifier from 10<sup>th</sup> & 11<sup>th</sup> September to read 10<sup>th</sup> September only pgs 7 & 33. Addition of Disability Artistic British Championship pgs 7, 35 & 36.


**Version 1.8**– 09 May removal of Continental and replaced with Gymnova.

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## Definition of Terms

- **BG** means British Gymnastics
- **Criminal Record Certificate** means DBS (previously CRB) Access NI Eligibility or PVG
- **CPSU** means Child Protection in Sport Unit
- **TC** means the Women's Artistic Gymnastics Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority
- **Organiser** means the Women's Artistic Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG
- **FIG** means Federation Internationale de Gymnastique
- **Code** means the Code of Points used for the competition, from which all technical information and regulations are taken
- **Championships** means any British Championship organised by or on behalf of BG
- **Event** means any National competition and championships organised by or on behalf of BG
- **Supervising Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to supervising coaches will only be permitted where the replacement coach meets all of the relevant eligibility requirements
- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements
- **Officials\*** are people recruited to assist with the delivery of the overall event i.e. Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership
-  means it is a hyperlink to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply.

However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee


Chair	Karen Hofen	<a href="mailto:karen.hofen@british-gymnastics.org">karen.hofen@british-gymnastics.org</a>
National Judging Co-Ordinator	Maria Mcloughlin	<a href="mailto:mcloughlinmt@gmail.com">mcloughlinmt@gmail.com</a>
National Competition Organiser	Chris Paddock	<a href="mailto:womens.competitions@british-gymnastics.org">womens.competitions@british-gymnastics.org</a>
Disability Women's Representative	Catherine Lethbridge	
Technical Committee Member	Rod Smith	<a href="mailto:rodsmith@outlook.com">rodsmith@outlook.com</a>
Technical Committee Member	Christine Still	<a href="mailto:chrisstill@hotmail.com">chrisstill@hotmail.com</a>
Technical Committee Member	Glynis Tovey	<a href="mailto:gtovey@btinternet.com">gtovey@btinternet.com</a>
Technical Committee Member	Liz Kincaid	<a href="mailto:lizgym@btinternet.com">lizgym@btinternet.com</a>

### British Gymnastics Contact Details

Events Department	0345 1297129 ext. 2396	<a href="mailto:events@british-gymnastics.org">events@british-gymnastics.org</a>
Coach Education	0345 1297129 ext. 2392	<a href="mailto:coaching@british-gymnastics.org">coaching@british-gymnastics.org</a>
Customer Service	0345 1297129 ext. 2395	<a href="mailto:customerservice@british-gymnastics.org">customerservice@british-gymnastics.org</a>
Safeguarding and Compliance	0345 1297129 ext. 2347	<a href="mailto:ethics@british-gymnastics.org">ethics@british-gymnastics.org</a>
Technical and Performance	0345 1297129 ext. 2397	<a href="mailto:worldclass@british-gymnastics.org">worldclass@british-gymnastics.org</a>

## National Competition Calendar

Event & Date	Opening Date	Closing Date	Venue
 National Senior Team Championships 13 March	18 December	29 January	Emirates Arena Glasgow
 British Championships Junior/Senior and Apparatus Finals 07-10 April	15 January	26 February	Echo Arena, Liverpool
 National Compulsory Levels 4 & 3 07-08 May	29 January	Noon 08 April Team 8pm 24 April Gymnasts	Fenton Manor, Stoke
 Disability Artistic NDP Finals Leicester 15 May	19 February	01 April	New College,
 National Development Plan 4,3,2,1 Finals 21-22 May	12 February	08 April Teams 24 April Gymnasts	Fenton Manor, Stoke
 National Compulsory Levels 2 & 1 Finals 11-12 June	18 March	29 April	Pipers Vale, Ipswich
 Bill McLoughlin National Apparatus Team Championships 10 September	17 June	29 July	Lilleshall National Sports Centre
 National Compulsory Levels 2 & 1 Qualifier 10-11 September	17 June	29 July	Lilleshall National Sports Centre
 Disability Artistic British Championship 11 September	17 June	29 July	Lilleshall National Sports Centre
 Espoir, Junior and Senior Challenge Cups 17-18 September	24 June	05 August	Guildford Spectrum
 National Voluntary Levels 4, 3 & 2 04-06 November	12 August	26 September	Guildford Spectrum
 Bill Slater British Junior Team Championships 19-20 November	26 August	07 October	GL1, Gloucester
 British Championships Espoir and Apparatus Finals 02-04 December	09 September	21 October	Basildon Sporting Village

For a complete domestic and international calendar of events please follow link 

## Eligibility

### Membership:

All persons attending BG events in an official capacity, whether as a gymnast, coach or judge are required to hold current BG membership in line with the level of competition entered and awards held

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**

Membership level must be Silver, Gold, Joint Gold, or Life Members of BG in order to enter a BG Event.

Grades competitors must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

In normal circumstances, gymnasts should also be a member of a BG registered club.


In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and may enter the Event. Such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

- **Supervising Coaches**

Supervising coaches' membership level must be Gold, Joint Gold or Life Members of BG and coaches must be qualified to

the level of the skills being performed before being allowed to participate in a BG Event.


Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course This must be renewed every three years and be valid both at the time of entry and through to the end of the event.

Coaches must also have a valid Criminal Records Certificate check both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event 

- **Assisting Coaches**

Assisting coaches' Membership level must be Silver (if Level 1), Gold, Joint Gold or Life Members of BG before being allowed to participate in a BG Event.

Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course This must be renewed every three years and be valid both at the time of entry and through to the end of the event.

Coaches must also have a valid Criminal Records Certificate check both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event 

- **Judges**

Before being allowed to officiate at a BG event judges' membership level must be:

Bronze or Life for Club/County/Regional or Zonal judges

Gold, Joint Gold or Life for National and Brevet judges

Judges must also hold a current cycle of judging award (Cycle 13).

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI Eligibility\*.

Judges who are actively involved in club gymnastics and provide judging instruction to children in a training environment or carry out a supervisory/coaching role must complete a criminal record check by virtue of the specific role they undertake.

As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check.



BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instruct children has completed appropriate training.

\* Judges who are involved in Scottish competitions should refer to [Scottish Gymnastics](#) for further guidance as to whether a check is required

### **Grade/Level:**

Gymnasts may only compete in ONE grade/level per competition year.

### **Regional Representation:**

Gymnasts may only represent the region in which their club is situated.

Gymnasts may only represent one region/club at any one time within a discipline.

Exceptional circumstances will be considered following written application to the WTC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region, not club. They must wear that regional uniform, no club logos are allowed.

### **Code of Conduct:**

British Gymnastics National Technical Committee Code of Conduct 

Womens Artistic Judges Code of Conduct 

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, gymnast or team at any time, if they do not comply with BG regulations.

### **Qualification from Regional Events to National Finals:**

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify. Extenuating circumstances will be considered following written application to the WTC before any attempt to qualify.

### **Coach Qualifications:**

When submitting entries for a BG event, clubs must ensure that nominated supervising coaches are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the coach's qualification is not allowed.

The caveat that permits coaches to practice one level above their coaching qualification (appropriately supervised) in the coaching syllabus refers to a training environment only and is not permitted at BG events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a BG mentor coach.

Supervising coaches entered onto the event entry MUST be the same ones attending the event, including podium training. It is unacceptable to enter a coach you know will not be attending.

Supervising coaches have a duty of care towards their performers and have responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional assisting coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

### Safeguarding:

All coaches and some judges, see page 8, are required to hold a current BG specific Safeguarding and Protecting Children Awareness training at the time of the event. Coaches and judges who do not fulfil this requirement will not be accredited or allowed to participate at BG events.

All gymnasts must have an accredited coach present on the competition floor at all times. If a gymnast attends a competition without a supervising coach they will not be allowed to compete.

### Age Policy:

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG events is 9 years in the year of competition.

To view the complete BG age policy please view the Health, Safety and Welfare Policy. 

Year Born Eligibility for WAG National Competitions 2016				
Age	Year Born	Compulsory Elite Levels	NDP National Grades	NDP Regional Grades
Min Age 8	2008		NDP Club Grade 6	
Min Age 9	2007	<b>Compulsory 4</b>	NDP Club Grade 5	
Min Age 10	2006	<b>Compulsory 3</b>	<b>National 4</b> Not eligible: a pass at Compulsory 3 2 1	<b>Regional 4</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 4 3 2 1
Min Age 11	2005	<b>Compulsory 2</b>	<b>National 3</b> Not eligible: a pass at Compulsory 2 1	<b>Regional 3</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 3 2 1
Min Age 12	2004	<b>Compulsory 1</b>	<b>National 2</b> Not eligible: a pass at Compulsory 1	<b>Regional 2</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 2 1
Min Age 13	2003		<b>National 1</b> Not eligible: a pass at Compulsory 1	<b>Regional 1</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 1
Espoir 12 -13	2003 - 2004	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	
Junior 14 -15	2001 - 2002	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	
Senior 16 +	2000 or before	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	

## Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

### British Championships

Only those in possession of a valid United Kingdom passport are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in Competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship(including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

### Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes

Those gymnasts who are not in possession of a valid United Kingdom passport must have been registered with the club making the entry for one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.


In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in British Gymnastics Events. The Technical Committee with approval from the Head of Performance Sport will have the discretion to determine whether their scores will contribute towards the official Competition results.

#### Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have their nationality declared within Gymnet online membership portal.

## Competition Entries

### Entry Process:

Entries to all National BG events are online only. Complete instructions for adding an entry via the GymNET Online Entry Portal are available to download from the BG website. 

All entries must be received electronically at BG by the stipulated closing date and time.

### Disability Competitions

The Disability Competition structure is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

Gymnasts will be required to provide proof of Disability at least six weeks before the event.

Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the Disability Classification Pack .

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for disability gymnastics competition.

In 2016, Disability Gymnastics competition will have 2 competition categories (Category 1; Learning Disability & Category 2; Physical Disability). However, as competitor numbers grow, the introduction of the Classification Certificate system will allow British Gymnastics the flexibility to increase the number of competition categories whilst ensuring that competition remains fair.

### Methods of Payment:

Payment can be made by Debit Card, Credit Card or BACS payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

***Entry fees are non-refundable after the closing date.***

### Late Entries:

Late entries will only be considered in exceptional circumstances

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (incl Partnerships & groups). For Team late entries the fee will be double (incl Club & Regions)

Late entries must be made in writing to the BG Events Department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Applications will normally only be considered up to 7 days after the closing date.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal.

### **Withdrawal and Substitutions:**

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

In the case of a team/regional entry, if a region wishes to make a substitution (due to the withdrawal of a previous team entry) they can only do so up to noon on the Friday before the event. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

The request for substitution should be made in writing to the Organiser detailing the withdrawal and intended substitute(s) The request for substitution must be made in writing after the entry has closed. Proof of qualification of the substitute must also be provided at the time of the request.

Where it is necessary to substitute a coach the club must inform the BG Events Department so the coach can be checked for membership, coaching awards and safeguarding, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific DBS certificate.

### **Terms & Conditions of Entry to All Competitions**

In addition to BG General Rules & Regulations -

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee which will be added to the club/region basket
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication
- You agree to abide by the BG Photography at Gymnastics events policy
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook

## General Regulations

Coaches must make adequate provision for the supervision of their Gymnasts upon arrival at the Venue. Gymnasts will not be allowed to register or begin warm up without their Coach present.

### Registration

Only register your Gymnast(s)/Club/Region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

### Competition Attire:


- Gymnasts

Refer to the Women's Artistic Code of Points 

The removal of leotards on the field of play is not allowed

- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden. However, where individuals or partnerships have been selected for GBR and awarded their colours (GBR flag), this may be worn on the gymnast's leotard at domestic


- Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes
- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden
- Long hair should be braided or tied back so as not to obscure vision
- Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per BG Body Piercing and Adornments policy 

Non-compliance may result in removal of the coach and consequently, for health and safety reasons, their gymnast from the competition.

- Judges

Refer to the Women's Artistic Code of Points 

- Requests can be made to adopt reasonable clothing modifications at any BG competition on religious grounds only. All requests must be on the official BG Clothing Modification Request Form  and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

### Order of Performance:

The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good


performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials.


Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

For competitions where there is an official podium training no changes will be made to the running order without the agreement of the coach and gymnast affected.

### **Music:**

All music for competition routines must be uploaded onto the GymNet portal at the latest two weeks before the Competition date. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Instructions for submitting music electronically may be found within the online entry guide 

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link 

### **Competition Apparatus:**

Unless otherwise stated, the equipment at WTC competitions will be to current FIG specifications: Only apparatus supplied at the request of the WTC may be used at national events.

### **Tall Gymnasts – Uneven Bars:**

Both Bars may be raised by 10cm where a gymnast's feet touch the basic matting while she is hanging on high bar or hips touch the basic matting while she is hanging on low bar.

Where a single bar is used this may be raised so that the gymnast's feet in long hang clear the matting.

The request for the bars to be raised must be at the time of competition entry. The bars will be raised in accordance with the FIG/WTC regulations.

Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

### **Access to Warm Up Hall:**

Access to the warm up hall will be limited to the appropriate number of coaches as defined in the specific details section for each Event. On arrival, coaches will need to register and collect their accreditation from the Competition Steward. In the case of Events spanning more than one day, accreditation will be issued for each day.

Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

### **Food and Drink:**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

### **Babies and Young Children:**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.



### **Medical Provision:**

Anyone requiring First Aid assistance should speak to either the Competition Steward or the Organiser. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the event is absolute and final.

### **Inquiries:**

Official WTC inquiry forms are available from the Superior Jury and must be completed and returned to them within 15 minutes of the coach receiving the score slip. Inquiry forms will be published in each event work plan. If necessary, a coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they may not register an inquiry. A coach may only inquire about the D score.

The supervising coach for the club/region of the competing gymnasts places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

The WTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

### **Medal Ceremonies:**

Gymnasts who win a medal at a BG event are expected to participate in the medal presentation ceremony in order to collect their award in person unless there are exceptional circumstances. Medals will only be distributed at events, not by post. Attire for medal ceremonies is according to FIG rules for World Championships.

### **Tenure of trophies:**

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -

- Making arrangements for it to be delivered to the competition venue on the day
- Returning it to the Competition Organiser at least one week prior to the competition
- Returning it to the BG offices at least one week prior to the competition

Failure to do this or loss of trophy will incur a cost to the individual / club.

### **Video, Film and Photography:**

BG accredited photographers may be present at BG events and in some cases, events will be videoed and/or live streamed by BG TV. These images may be used by BG and our subsidiary companies for the purposes of promotion, education and development of the sport. They may also be shared with relevant third party organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts/parents are informed of the photography arrangements for the relevant event. BG will also announce the photography/filming arrangements at the event. Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the event Organiser. Although it is not always practical to manage the content of live streamed footage, British Gymnastics will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the BG Photography at Gymnastics Events Policy. 🗑️ Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with BG Safeguarding and Protecting Children Policy. 🗑️

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

### **Health and Safety:**

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and safeguarding and protecting children.

### **Overnight Stays:**

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.

The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

To enable you to have adequate insurance cover when taking gymnasts to an event (home/abroad), BG is obliged to approve your arrangements. Please complete the relevant forms which can be found on the BG website. 🗑️

Please note that the BG Membership Insurance does not cover travel or emergency medical expenses, we therefore recommend that where necessary you take out additional travel insurance.

### **Drug Free Sport:**

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the BG policy 🗑️


### **Spectator Ticket Information:**

Spectator ticket information can be found on the specific Event page within the event finder section of the BG website. Tickets can be purchased through GYMSHOP, the official retail partner of British Gymnastics at [www.british-gymnastics.org/shop](http://www.british-gymnastics.org/shop)

We recommend you buy tickets from GYMSHOP before the event. Purchasing tickets online through GYMSHOP before the event could save you up to 25% compared to the on-the-door price.

If you're booking tickets for any of our British Championship events, held at the Echo Arena in Liverpool, you can make sure you get the best price by using discount code BGMEMBER on any tickets you buy. Go to [www.echoarena.com](http://www.echoarena.com) and enter the code in the promotion code box to claim your discount.

# National Senior Team Championships

<b>Date:</b>	13 March ( <i>No pre competition training</i> )
<b>Venue:</b>	Emirates Arena, 1000 London Road, G40 3HG, Glasgow
<b>Opening date:</b>	18 December
<b>Closing date:</b>	Noon 29 January
<b>Entry Fee:</b>	£170.00 per Club team
<b>Code:</b>	FIG Competition I  Uneven Bars - an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element

## Eligibility:

- Minimum age is 12 in year of competition
- Open to any BG registered club
- Maximum one team per club may be entered
- Gymnasts must be registered with the club according to BG regulations

## Competition Structure:

- Competition format is as per FIG
- Competition on a podium
- Apparatus specifications are as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

## Team:

- 6 in a team (no reserve), 5 to work on each piece, 4 best scores to count
- Clubs will be seeded by ranking from the previous year
- New entrants will be drawn in the early rounds
- In the event of teams withdrawing the next team (and all subsequent teams) will move up rotation/round to replace withdrawn team
- Working order for team must be handed in at registration
- If required, a change may be made in the touch warm up period and the replacement from the 6 named gymnasts will go into the vacated place. ***D Panel and control must be notified***

## Coach Qualification and Passes:

- Two coaches (from three nominated) on the competition floor at any one time - minimum Level 2 with the relevant Level 3 Technical Modules signed off


## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

- Team gold, silver and bronze medals - top 6 teams announced
- A Trophy will be presented to the winning team
- The WTC trophy for highest overall individual scorer
- The Ursel Free award for highest individual apparatus score

# British Championships Junior and Senior

<b>Date:</b>	07 - 10 April (Pre competition training)
<b>Venue:</b>	Echo Arena, Kings Dock, Liverpool Waterfront, Liverpool L3 4FP
<b>Opening Date:</b>	15 January
<b>Closing date:</b>	Noon 26 February
<b>Entry fee:</b>	£60.00 per gymnast
<b>Code:</b>	FIG Competition I plus GB modifications for Junior Championships 

## Eligibility:

### Junior

- Age 14 or 15 in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup or
- Participation (without relegation) in a previous British Championships

### Senior

- Age 16 or over in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup or
- Participation (without relegation) in a previous British Championships

## Competition Structure:

### Junior and Senior

- Competition format is as per FIG
- Apparatus specifications are as per FIG
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition
- There will be no relegation

## Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time minimum Level 4

## Individual Apparatus Finalists:

- Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Junior / Senior apparatus finals.

### *Those attempting to qualify for Vault finals must submit an entry form at registration.*

- Seniors will compete two different vaults which must be from different groups and with different second flight phase, as per FIG
- Juniors will compete two different Vaults which may be same group but with different numbers
- First vault will be included in overall score
- In the finals the score of the two vaults will be calculated according to FIG rules

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

### Junior


- Trophy and gold medal
- Silver medal
- Bronze medal
- A presentation will be made to the coaches of the overall Junior British Champion
- Diplomas awarded for places 1 – 6

### Senior

- Trophy, gold medal, training grant of £600
- Silver medal, training grant of £250
- Bronze medal, training grant of £150
- A presentation will be made to the coaches of the overall Senior British Champion
- Diplomas awarded for places 1 – 6

# British Individual Apparatus Finals Junior and Senior

**Code:** Junior: FIG Competition III; (Bars, Beam, Floor)

Junior: FIG Junior Code (Vault only); Two different Vaults – may be same group 

Senior: As FIG Competition III

**Eligibility:** Eight highest scoring gymnasts on each piece from Junior and Senior

## Competition Structure:

- Age groups are Junior and Senior
- Competition format is as per FIG
- Apparatus specifications are as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- One coach (from two nominated) on the competition floor at any one time

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

### Junior

- Trophy, gold medal and diploma for Vault, Bars, Beam and Floor
- Silver medal and diploma for Vault, Bars, Beam and Floor
- Bronze medal and diploma for Vault, Bars, Beam and Floor

### Senior

- Trophy, gold medal, diploma and training grant of £100 for Vault, Bars, Beam and Floor
- Silver medal and diploma for Vault, Bars, Beam and Floor
- Bronze medal and diploma for Vault, Bars, Beam and Floor

## National Compulsory Levels 4 & 3

<b>Date:</b>	07 - 08 May
<b>Venue:</b>	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke on Trent, ST4 2RR
<b>Opening dates:</b>	29 January
<b>Closing Date:</b>	Register your commitment to make a regional team entry (gymnasts not named) in writing to the Competition Organiser by <b>Noon on 8 April</b>  Submit your full team and individual entry details (including gymnasts' names) and make payment using the GymNET Online Entry Portal by <b>20:00 on 24 April</b>
<b>Entry Fee:</b>	£170.00 per regional team, £45.00 per individual
<b>Code:</b>	Refer to the WAG Compulsory Elite Levels 2014-2017 (available on GymNET Resources Centre)

### Eligibility:

- In Age gymnasts only will qualify for National Finals - Level 4 (9 in year of competition) and Level 3 (10 in year of competition)
- Regions must identify the competition, which will count towards selection for National Finals
- The first four gymnasts in Compulsory Level 4 & 3, will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering National Finals must have achieved a pass score in Regional Qualifier (minimum 50.00)
- Gymnasts who score **59.00** or more in their regional competition at Level 4 but do not finish in the first four may enter the National Finals as individuals
- Gymnasts who score **56.00** or more in their regional competition at Level 3 but do not finish in the first four may enter the National Finals as individuals

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged*

*For all Compulsory Level competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.*

The National Coaches recommend that Regional Qualifiers take place no more than 4 weeks before the National Final.

### Competition Structure:

- Competition format as per FIG
- Individuals will be drawn at the end of groups. If there is more than one individual in a group, they will rotate between them
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova

### Coach Qualification and Passes:

- Maximum one coach per gymnast
  - Compulsory Level 4 - minimum Level 2
  - Compulsory Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
- Maximum four coaches per regional team
- Each region must nominate a Team Manager

### Teams:



- The team score will be the total of the 3 best scores on Vault, Bars, Beam, Floor and Range and Conditioning
- Working order for team must be handed in at registration
- Nominated reserve may only replace withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made
- If the reserve has already competed as an individual and is subsequently required to replace a team member their scores will be added in to the team total

#### Specific Apparatus Requirements:

- Refer to the WAG Compulsory Elite Levels 2014-2017 Booklet (available on GymNET Resources Centre)
- Extra soft board available for vault



#### Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

#### Awards:

- Team gold, silver and bronze in Compulsory Levels 4 & 3 – top 6 teams announced
- Individual gold, silver and bronze in Levels 4 & 3 - top 6 individuals will be announced and lined up with medallists
- Rose Bowl - team totals from Compulsory Levels 4 & 3 will be carried forward to the NDP 4,3,2 & 1 finals where the Rose Bowl will be awarded to the region with the highest total score

## Disability Artistic NDP Finals

- Date:** 15 May
- Venue:** New College Leicester, Greencoat Road, Leicester, LE3 6RN
- Opening date:** 19 February
- Closing date:** Noon 01 April
- Entry Fee:** £25.00 per gymnast.
- Code:** Men's and Women's Artistic grading using 2013-2017 NDP sets published August 2012 
- Eligibility:** Gymnasts will be required to send in a Disability Gymnastics Classification Certificate as proof of disability at least 6 weeks before an event 
- Judging:** Deductions by 'E' Panel judges will be in line with FIG deductions of 0.10; 0.30; 0.50 and 1.0  
Landing faults are as per FIG.

### Competition Structure

- All ten levels will be offered at the event, for Men's and Women's Artistic.
- No age groups.
- Gymnasts must perform at the same level on each piece of apparatus to be graded, so receiving an 'overall' grading.
- Cloth badges and certificates will be awarded for grades achieved.

**Coaches Qualifications** - Please follow the link to check your awards 

Artistic NDP – Men's	General Level 2 or discipline specific Club and above
Artistic NDP – Women's	General Level 2 or discipline specific Club and above

### Grading

Grades will be awarded at the following levels;

Womens

Green Award – Any 2 pieces plus R & C

Blue Award – Any 3 pieces plus R & C

Red Award – All 4 pieces plus R & C

Scores	Certificates	Cloth Badges
Up to 8.95 average	Certificate of Participation	
9.0 – 10.15 average	Pass	Colour as according to list above
10.20 – 11.45 average	Merit	Colour as according to list above
11.50 and over average	Distinction	Colour as according to list above

Mens

Green Award – Any 2 pieces plus PPP

Blue Award – Any 4 pieces plus PPP

Red Award – All 6 pieces plus PPP

Scores	Certificates	Cloth Badges
Up to 6.35 average	Certificate of Participation	

6.40 – 7.35 average	Pass	Colour as according to list above
7.40 – 8.35 average	Merit	Colour as according to list above
8.40 and over average	Distinction	Colour as according to list above

### Tie Breaks

Tie-break rules as per the FIG regulations (World Championships) 

# National Development Plan 4, 3, 2 & 1 Finals

<b>Date:</b>	21 – 22 May ( <i>No pre competition training</i> )
<b>Venue:</b>	Fenton Manor Sports Complex, Victoria Road, Fenton, Stoke on Trent, ST4 2RR
<b>Opening date:</b>	12 February
<b>Closing Date:</b>	Register your commitment to make a regional team entry (gymnasts not named) in writing to the Competition Organiser by <b>Noon on 8 April</b>  Submit your full team details (including gymnasts' names) and make payment using the GymNET Online Entry Portal by <b>20:00 on 24 April</b>
<b>Entry Fee:</b>	£170.00 per regional team
<b>Code:</b>	Refer to NDP Club Grades Booklet (available on GymNET - Resources Centre)

## Eligibility:

- Minimum age as stated in NDP Club Grades Booklet (available on GymNET - Resources Centre)
- Regions must identify the competition, which will count towards selection for National Development Plan Finals
- The first four gymnasts in each National Grade (4, 3, 2 & 1) will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering National Finals must have achieved a pass score in Regional Qualifier (minimum 50.00)
- Regional team entry only - no individual entries accepted

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged.*

*For all NDP competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.*

## Competition Structure:

- 10 minute general warm up then 5 minute apparatus warm up and compete for all NDP National Grades
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- **Provisional timetable** – National Grades 4 & 3 on Saturday and National Grades 2 & 1 on Sunday

## Coach Qualification and Passes:

- Maximum one coach per gymnast – minimum Level 2
- Maximum four coaches per regional team
- Each region must nominate a Team Manager

## Teams:

- The team score will be the 3 best scores on Vault, Bars, Beam Floor and Range and Conditioning
- Working order for team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition
- Reserve may only replace withdrawn team member **BEFORE** start of competition

## Specific Apparatus Requirements:

- Refer to the WAG NDP Club Grades Booklet (available on GymNET - Resources Centre)
- Extra soft board available for vault

**Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships) 

**Awards:**

- Team gold, silver and bronze in each Grade – top 6 teams announced
- Individual gold, silver and bronze in each Grade – top 6 individuals will be announced and lined up with medallists
- Rose Bowl – team totals from National Grades 4,3,2 &1 finals will be added to the Compulsory Levels 4 & 3 finals for this award. The Rose Bowl will be awarded to the region with the highest total score

# National Compulsory Levels 2 & 1 Finals

<b>Date:</b>	11 - 12 June ( <i>Pre competition training tbc</i> )
<b>Venue:</b>	7 Braziers Wood Road, Ipswich IP3 OSP
<b>Opening date:</b>	18 March
<b>Closing Date:</b>	Noon 29 April
<b>Entry Fee:</b>	£45.00 per gymnast
<b>Code:</b>	Refer to the WAG Compulsory Elite Levels 2014-2017 (available on GymNET - Resources Centre)

## Eligibility:

No regional qualification required. Individual entry direct to National

### **Compulsory Level 2**

- Must have passed Compulsory 3

### **Compulsory Level 1**

- Must have passed Compulsory 2

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged*

## Competition Structure:

- In Age: Level 2 (11 in year of competition), Level 1 (12 in year of competition)
- Out of Age: Level 2 (12 or over in year of competition), Level 1 (13 or over in year of competition)
- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.

## Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

## Pass Mark:

### **Compulsory Level 2**

- To progress to Compulsory 1 all-around pass mark (minimum 53.00) is required at Compulsory 2

### **Compulsory Level 1**

- To progress to the British Championships an all-around pass mark (minimum 54.00) is required at Compulsory 1
- Once a gymnast has passed Compulsory Level 1 she may not revert to the Club Grades system
- A gymnast may revert to the Club Grades if she fails

## Specific Apparatus Requirements:


- Refer to the WAG Compulsory Elite Levels 2014-2017 Booklet (available on Gym NET - Resources Centre)
- Extra-soft board will be available for vault

## Awards:

- 'In Age' 2 & 1 all-around - gold, silver and bronze medals

- Top 6 individuals will be announced and lined up with medallists
- All gymnasts passing Compulsory Levels 2 & 1 will be awarded a certificate

# Bill Mcloughlin National Apparatus Team Championships

<b>Date:</b>	10 September (No pre competition training)
<b>Venue:</b>	Lilleshall NSC, Newport, Shropshire, TF10 9AT
<b>Opening date:</b>	17 June
<b>Closing date:</b>	Noon 29 July
<b>Entry Fee:</b>	£170.00 per regional team
<b>Code:</b>	FIG Competition I  Uneven Bars - an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element

## Eligibility:

- Minimum age is 12 in year of competition
- Regions may enter as many teams as they wish
- Gymnasts selected within region
- Senior National Squad gymnasts NOT eligible
- 

## Competition Structure:

- Competition format as per FIG
- Apparatus specifications are as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Lilleshall
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

## Team:

- 4 in a team, 3 to work on each piece, best individual score on each apparatus to count for team
- Vault competitors will compete **two different vaults** which may be from the same group but with different numbers (Junior rules). Best average score will be added to team total and used for individual awards
- Each team has a JOKER which can be 'played' once – this will double the team score on that apparatus. The JOKER must be 'played' at registration and cannot be changed after the competition has started
- If required, a team change may be made in the touch warm up period ***D Panel and control must be notified***

## Coach Qualification and Passes:

- One coach (per gymnast) on the competition floor at any one time - minimum Level 2 with the relevant Level 3 Technical Modules signed off

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

- Team gold, silver and bronze medals
- A Trophy will be presented to the winning region
- Apparatus gold, silver and bronze medals (Vault, Bars, Beam and Floor)



## National Compulsory Levels 2 & 1 Qualifier

<b>Date:</b>	10 - 11 September (No pre competition training)
<b>Venue:</b>	Lilleshall NSC, Newport Shropshire TF10 9AT
<b>Opening date:</b>	17 June
<b>Closing date:</b>	Noon 29 July
<b>Entry Fee:</b>	£45.00 per gymnast
<b>Code:</b>	Refer to specific Compulsory Levels Rules Booklet (available on Gym NET Resources Centre)

### Eligibility:

No regional qualification required. Individual entry direct to National

#### **Compulsory Level 2**

- Must have passed Compulsory 3

#### **Compulsory Level 1**

- Must have passed Compulsory 2

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged*

### Competition Structure:

- In Age: Level 2 (11 in year of competition), Level 1 (12 in year of competition)
- Out of Age: Level 2 (12 or over in year of competition), Level 1 (13 or over in year of competition)
- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Lilleshall - additional matting provided by Gymnova

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

### Pass Mark:

#### **Compulsory Level 2**

- To progress to Compulsory 1 all-around pass mark (minimum 53.00) is required at Compulsory 2

#### **Compulsory Level 1**

- To progress to the British Championships an all-around pass mark (minimum 54.00) is required at Compulsory 1
- Once a gymnast has passed Compulsory Level 1 she may not revert to the Club Grades system
- A gymnast may revert to the Club Grades if she fails

### Specific Apparatus Requirements:

- Refer to the WAG Compulsory Elite Levels 2014-2017 Booklet (available on Gym NET - Resources Centre)
- Extra-soft board will be available for vault

### Awards:

- All gymnasts passing Compulsory Levels 2 & 1 will be awarded a certificate

# Disability Artistic British Championship

**Date:** 11 September


**Venue:** Lilleshall National Sports Centre, Newport, Shropshire TF10 9NB

**Opening date:** 17 June

**Closing date:** Noon 29 July

**Entry fee:** £30.00 per gymnast

**Code:** Disability Supplementary Code of Points 2014-2017 

**Eligibility:** Gymnasts will be required to send in a Disability Gymnastics Classification Certificate as proof of disability at least 6 weeks before an event 

Classification – Class 1 = Learning Disability

Class 2 = Physical or Sensory Disability

## Competition Structure

Competitions available

- Open            Class 1            Class 2
- A                Class 1            Class 2
- B                Class 1            Class 2
- B                Under 12 no classification

In Disability Competition Classes where there are fewer than three competitors, the Competition Organiser, at their discretion, may merge some competition categories in order to make a more meaningful competition.

## Age Groups

Open and Competition A

- Men's            Junior – Under 16
- Men's            Senior – 16 and over
- Women's        Junior – Under 16
- Women's        Senior – 16 and over

Competition B

- Men's            U12 (no classification)
- Men's            Junior – Under 16
- Men's            Senior – 16 and over
- Women's        U12 (no classification)
- Women's        Junior – Under 16
- Women's        Senior – 16 and over

Competition A Class I - Mens Junior	General Level 2 or discipline specific Club and above
Competition A Class I - Mens Senior	General Level 2 or discipline specific Club and above
Competition A Class I - Womens Junior	General Level 2 or discipline specific Club and above
Competition A Class I - Womens Senior	General Level 2 or discipline specific Club and above
Competition A Class II - Mens Junior	General Level 2 or discipline specific Club and above
Competition A Class II - Mens Senior	General Level 2 or discipline specific Club and above
Competition A Class II - Womens Junior	General Level 2 or discipline specific Club and above
Competition A Class II - Womens Senior	General Level 2 or discipline specific Club and above
Competition B Class I - Mens Junior	General Level 2 or discipline specific Club and above
Competition B Class I - Mens Senior	General Level 2 or discipline specific Club and above
Competition B Class I - Womens Junior	General Level 2 or discipline specific Club and above
Competition B Class I - Womens Senior	General Level 2 or discipline specific Club and above
Competition B Class II - Mens Junior	General Level 2 or discipline specific Club and above
Competition B Class II - Mens Senior	General Level 2 or discipline specific Club and above
Competition B Class II - Womens Junior	General Level 2 or discipline specific Club and above
Competition B Class II - Womens Senior	General Level 2 or discipline specific Club and above
Competition B U12 (no classification) - Mens	General Level 2 or discipline specific Club and above
Competition B U12 (no classification) - Womens	General Level 2 or discipline specific Club and above
Open Class I - Mens Junior	General Level 2 or discipline specific Club and above
Open Class I - Mens Senior	General Level 2 or discipline specific Club and above
Open Class I - Womens Junior	General Level 2 or discipline specific Club and above
Open Class I - Womens Senior	General Level 2 or discipline specific Club and above
Open Class II - Mens Junior	General Level 2 or discipline specific Club and above
Open Class II - Mens Senior	General Level 2 or discipline specific Club and above
Open Class II - Womens Junior	General Level 2 or discipline specific Club and above
Open Class II - Womens Senior	General Level 2 or discipline specific Club and above

## Awards

- Trophies will be presented to the winners of the Open (Senior) competition.
- A presentation will be made to the coaches of the overall Senior British Champion
- Medals will be awarded to the top 3 overall placing gymnasts in each age group and at each level.\*
- Apparatus medals will only be awarded in the Open competitions.
- Apparatus certificates will be awarded in Competitions A and B and will be sent to the clubs after the competition. They will not be awarded during the Medal Ceremony.
- Participation certificates will be issued at registration.

\* To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 (Women) or 4 (Men) pieces of apparatus. The overall total scores for each gymnast will determine the final placing.

# Challenge Cup

## Espoir, Junior and Senior




**Date:** 17 - 18 September (*No Pre competition training*)

**Venue:** Guildford Spectrum, Parkway, Guildford GU1 1UP

**Opening date:** 24 June

**Closing date:** Noon 05 August

**Entry Fee:** £45.00 per gymnast

**Code:** Espoir- FIG Junior Code   
Junior - FIG Competition   
Senior - FIG Competition 

### Eligibility:

- Espoir: Age 12 or 13 in year of competition
- Junior: Age 14 or 15 in year of competition
- Senior: Age 16 or over in year of competition
- If a gymnast is not eligible to compete in the British Championships she may enter the Challenge Cup
- If a gymnast has failed Compulsory 1 she may enter the Challenge Cup
- If a gymnast has participated in the British Championships or passed Compulsory 1, an application must be submitted to the Chair of the WTC for dispensation to withdraw from the Elite path

### Competition Structure:

- Competition format is as per FIG
- Apparatus supplied by Gymnova
- Apparatus specifications are as per FIG (Plus ESPOIR ONLY - extra-soft board will be available for vault)
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

### Promotion:

- A gymnast who attains the all-around qualifying score will be eligible for the next British Championships
  - **Espoir** 46.00 or more
  - **Junior** 48.00 or more
  - **Senior** 50.00 or more

### Tie Breaks:


- Tie-break rules as per FIG Regulations (World Championships) 

### Awards:

- Espoir, Junior, Senior all-around gold, silver and bronze medals
- In each age group top 6 individuals will be announced and lined up with medallists

- Espoir, Junior, Senior individual apparatus gold, silver and bronze on Vault, Bars, Beam and Floor  
*(Individual apparatus results taken from all-around competition – all gymnasts perform one vault only)*

## National Voluntary Levels 4, 3 & 2 Finals

<b>Date:</b>	05 - 06 November (Pre competition training 4 November)
<b>Venue:</b>	Guildford Spectrum, Parkway, Guildford GU1 1UP
<b>Opening date:</b>	12 August
<b>Closing Date:</b>	Noon 26 September
<b>Entry Fee:</b>	£170.00 per regional team, £45.00 per individual
<b>Code:</b>	Refer to specific Voluntary Age Group Rules 

### Eligibility:

- Level 4 (9 in year of competition), Level 3 (10 in year of competition) and Level 2 (11 in year of competition)
- Regions must identify the Voluntary Level 4 & 3 competition, which will count towards selection for National Finals
- The first 4 gymnasts in Levels 4 & 3 will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- Gymnasts in Levels 4 & 3 who do not finish in the first four are eligible to enter National finals as individuals providing they have achieved the required score of 47.00 at Level 4 or 46.00 at Level 3 in the Regional Voluntary Levels qualifier **and** have a carry forward score from the 2016 National Compulsory Finals
- Level 2 – Individual entry direct to National Final. No regional qualification required
  - Entrants must have passed Compulsory 3
  - Level 2 is not a team competition

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after closing date the late entry fee will be charged*

### Competition Structure:

- Competition format as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Friday training - Levels 4 & 3 (by region) from 09:30 to 17:00; Level 2 from 17:00 to 19:00
- 10 minute general warm up then apparatus warm up then touch warm up and compete
- Maximum one coach per gymnast
  - Level 4 - minimum Level 2
  - Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
  - Level 2 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
- Individuals will be drawn at the end of groups. If there is more than one they will rotate between them

### Teams:


- For Levels 4 & 3 the team score will be the 3 best scores on Vault, Bars, Beam, and Floor
- Nominated reserve may replace withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made
- Working order for team must be handed in at registration

### Coach Qualification and Passes:

- Maximum one coach per gymnast

- Voluntary Level 4 - minimum Level 2
- Voluntary Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
- Maximum four coaches per regional team
- Each region must nominate a Team Manager

**Specific Apparatus Requirements:**

- Refer to the WAG Voluntary Age Group Rules 
- Extra-soft board will be available for vault

**Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships) 

**Awards:**

- Level 4 - gold, silver and bronze for team and individual all-around
- Level 3 - gold, silver and bronze for team and individual all-around
- Level 2 - gold, silver and bronze for individual all-around
- In each level top 6 individuals will be announced and lined up with medallists

**British Age Group Champions will be declared as:**

- Level 4 (9 years) - Compulsory 4 total + Voluntary 4 total
- Level 3 (10 years) - Compulsory 3 total + Voluntary 3 total
- Level 2 (11 years) - Compulsory 2 total + Voluntary 2 total
- In each age group top 6 individuals will be announced and lined up with medallists
- A presentation will be made to the coach of the overall British Age Group Champions 4, 3 & 2

# Bill Slater British Junior Team Championships

<b>Date:</b>	19 - 20 November (No pre competition training)
<b>Venue:</b>	GL1 Leisure Centre, Bruton Way, Gloucester, GL1 1DT
<b>Opening date:</b>	26 August
<b>Closing date:</b>	Noon 07 October
<b>Entry Fee:</b>	£170.00 per club team
<b>Code:</b>	FIG Junior Code Uneven Bars - an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element

## Eligibility:

- Minimum age is 9 in year of competition, maximum age is 15 in year of competition
- Open to any BG registered club up to a maximum of 24 teams
- More than one team may be entered subject to a maximum of 24 teams
- If number of teams exceeds 24 the entry will be restricted to one team per club
- Gymnasts who competed in the British Team Championships, within the same year, are not eligible
- Gymnasts must be registered with the club according to BG regulations

## Competition Structure:

- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus specifications are as per FIG plus extra-soft board will be available for vault
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

## Team:

- 6 in a team, 5 to work on each piece, 4 best scores to count
- Clubs will be seeded by ranking from the previous year
- New entrants will be drawn in the early rounds
- In the event of teams withdrawing the next team (and all subsequent teams) will move up rotation/round to replace withdrawn team (same day only)
- Working order for team must be handed in at registration
- If required, a change may be made in the touch warm up period and the replacement from the 6 named gymnasts will go into the vacated place. ***D Panel and control must be notified***

## Coach Qualification and Passes:

- Two coaches (from three nominated) on the competition floor at any one time - minimum Level 2 with the relevant Level 3 Technical Modules signed off

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 


## Awards:

- Team gold, silver and bronze medals
- A trophy will be presented to the winning team



# British Championships

## Espoir

<b>Date:</b>	02 - 04 December
<b>Venue:</b>	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex, SS14 3GR
<b>Opening date:</b>	09 September
<b>Closing date:</b>	Noon 21 October
<b>Entry Fee:</b>	£60.00 per gymnast
<b>Code:</b>	FIG Junior Code and GB Espoir modifications 

### Espoir Eligibility:

- Age 12 or 13 years old in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup

### Competition Structure:

- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition
- There will be no relegation

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time - minimum Level 4

### Specific Apparatus Requirements:

- Refer to the WAG Age Group Regulations - Espoir Document  Extra soft board available for vault

### Individual Apparatus Finalists

- Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in apparatus finals

### *Those attempting to qualify for Vault finals must submit an entry form at registration.*

- Espoirs will complete two different vaults which can be from the same group but with different numbers
- First vault will be included in overall score
- In finals the score of the two vaults will be calculated according to FIG rules

### Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

**Awards:**

- Trophy and gold medal
- Silver medal
- Bronze medal
- A presentation will be made to the coach of the overall Espoir British Champion
- Diplomas awarded for places 1 – 6

# British Individual Apparatus Finals

## Espoir


**Code:** FIG Junior Code and GB Espoir modifications 

**Eligibility:** Eight highest scoring gymnasts on each piece from Espoir Championships

### Competition Structure:

- Age group - Espoir
- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- One coach (from two nominated) on the competition floor at any one time - minimum Level 4

### Specific Apparatus Requirements:

- Refer to the WAG Age Group Regulations - Espoir Document  Extra soft board available for vault

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time - minimum Level 4

### Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

### Awards:

- Trophy, gold medal and diploma for Vault, Bars, Beam and Floor
- Silver medal and diploma for Vault, Bars, Beam and Floor
- Bronze medal and diploma for Vault, Bars, Beam and Floor

## Appendices

### Appendix 1 – Home Countries, English Regions and Island Associations

#### Home Countries

Northern Ireland

#### Website Address

[www.northernirelandgymnastics.org](http://www.northernirelandgymnastics.org)

Scotland

[www.scottishgymnastics.org](http://www.scottishgymnastics.org)

Wales

[www.welshgymnastics.org](http://www.welshgymnastics.org)

#### English Regions

East

[www.eastgymnastics.org.uk](http://www.eastgymnastics.org.uk)

East Midlands

[www.emgymnastics.org.uk](http://www.emgymnastics.org.uk)

London

[www.london-gymnastics.co.uk](http://www.london-gymnastics.co.uk)

North

[www.northgymnastics.org.uk](http://www.northgymnastics.org.uk)

North West

[www.nwga.co.uk](http://www.nwga.co.uk)

South

[www.southgymnastics.org.uk](http://www.southgymnastics.org.uk)

South East

[www.segymnastics.org.uk](http://www.segymnastics.org.uk)

South West

[www.southwestgym.org.uk](http://www.southwestgym.org.uk)

West Midlands

[www.wmgymnastics.org.uk](http://www.wmgymnastics.org.uk)

Yorkshire

[www.yorkshire.gymnasticsengland.org](http://www.yorkshire.gymnasticsengland.org)

#### Island Associations

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)