


***2017 Women's Artistic  
Gymnastics Competition  
Handbook*** ©

**British  
Gymnastics**  
More than a sport

## Version History

The Women's Artistic Gymnastics Technical Committee reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made;


**Version 1.0** – Original – Published 29<sup>th</sup> September 2016

## Contents

Definition of Terms .....	5
Contact Information.....	6
Technical Committee .....	6
British Gymnastics Contact Details .....	6
National Competition Calendar .....	7
Eligibility.....	8
Membership.....	8
Coach Qualifications .....	9
Safeguarding .....	9
Nationality.....	9
Competition Entries.....	11
Entry Process.....	11
Methods of Payment .....	11
Late Entries .....	11
Withdrawals and Substitutions.....	12
Non-Participation Fee .....	12
Registration.....	13
Order of Performance.....	13
Music.....	13
Late Music Submission .....	13
Access to Warm up Hall.....	14
Food and Drink.....	14
Babies and Young Children.....	14
Medical Provision.....	14
Medal Ceremonies.....	14
Tenure of Trophies .....	14
Video, Film and Photography .....	15
Health and Safety .....	15
Overnight Stays.....	15
Drug Free Sport.....	15
Terms and Conditions of Entry to All Competitions.....	16
Women’s Artistic Technical Information.....	17
Code of Conduct .....	17
Grade/Level.....	17
Regional Representation.....	17
Age Policy .....	17
Competition Attire .....	18

Competition Apparatus.....	19
Tall Gymnasts – Uneven Bars.....	19
Inquiries: .....	19
British Championships .....	20
Junior and Senior .....	20
British Individual Apparatus Finals.....	21
Junior and Senior .....	21
National Compulsory Levels 4, 3, 2 & 1 .....	23
National Development Plan 4, 3, 2 & 1 Finals.....	25
Adrian Stan Team Championships .....	27
National Compulsory Levels 2 & 1 Qualifier .....	29
Disability Artistic British Championships .....	30
Bill Mcloughlin National Apparatus Team Championships.....	33
National Voluntary Levels 4, 3 & 2 Finals.....	34
British Championships .....	36
British Individual Apparatus Finals.....	37
Appendix 1- Home Countries, English Regions & Island Associations .....	38

## Definition of Terms

- **BG** means British Gymnastics
- **Criminal Record Certificate** means DBS (previously CRB). Access NI Eligibility or PVG
- **CPSU** means Child Protection in Sport Unit
- **TC** means the Women's Artistic Gymnastics Technical Committee of BG and/or any Technical Committees appointed from time to time acting with the appropriate delegated authority
- **Organiser** means the Women's Artistic Gymnastics National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG
- **FIG** means Federation Internationale de Gymnastique
- **Code** means the Code of Points used for the competition, from which all technical information and regulations are taken
- **Championships** means any British Championship organised by or on behalf of BG
- **Event** means any national competition and championships organised by or on behalf of BG
- **Supervising Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to supervising coaches will only be permitted where the replacement coach meets all of the relevant eligibility requirements
- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the supervising coach. Assisting coach(es) must meet all of the relevant eligibility requirements
- **Officials\*** are people recruited to assist with the delivery of the overall event i.e. Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
- **Medical Certificate** means a letter on headed paper signed by a Doctor or Physiotherapist confirming the gymnast is unfit to take part in the competition.
-  means it is a hyperlink to official policy statements and other event related information.

Where no specific point is addressed in the regulations, the current FIG rules apply. However, the Technical Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

## Contact Information

### Technical Committee

Chair	Karen Hofen	<a href="mailto:karen.hofen@british-gymnastics.org">karen.hofen@british-gymnastics.org</a>
National Judging Co-Ordinator	Maria Mcloughlin	<a href="mailto:mcloughlinmt@gmail.com">mcloughlinmt@gmail.com</a>
National Competition Organiser	Chris Paddock	<a href="mailto:womens.competitions@british-gymnastics.org">womens.competitions@british-gymnastics.org</a>
Disability Representative	Catherine Lethbridge	<a href="mailto:cdlethbridge@gmail.com">cdlethbridge@gmail.com</a>
Technical Committee Member	Rod Smith	<a href="mailto:rodsmith@outlook.com">rodsmith@outlook.com</a>
Technical Committee Member	Christine Still	<a href="mailto:chrisstill@hotmail.com">chrisstill@hotmail.com</a>
Technical Committee Member	Glynis Tovey	<a href="mailto:gtovey@btinternet.com">gtovey@btinternet.com</a>
Technical Committee Member	Liz Kincaid	<a href="mailto:lizgym@btinternet.com">lizgym@btinternet.com</a>

### British Gymnastics Contact Details

Events Department		<a href="mailto:events@british-gymnastics.org">events@british-gymnastics.org</a>
Coach Education		<a href="mailto:coaching@british-gymnastics.org">coaching@british-gymnastics.org</a>
Customer Service	0345 1297129 ext. 2395	<a href="mailto:customerservice@british-gymnastics.org">customerservice@british-gymnastics.org</a>
Safeguarding and Compliance		<a href="mailto:ethics@british-gymnastics.org">ethics@british-gymnastics.org</a>
Technical and Performance		<a href="mailto:worldclass@british-gymnastics.org">worldclass@british-gymnastics.org</a>

<b>National Competition Calendar</b>				
	<b>Event and Date</b>	<b>Opening Date</b>	<b>Closing Date</b>	<b>Venue</b>
	British Championships Junior/Senior and Apparatus Finals 23 <sup>rd</sup> - 26 <sup>th</sup> March	16 <sup>th</sup> December	Noon 10 <sup>th</sup> February	Echo Arena, Liverpool
	National Compulsory Levels 4,3,2,1 29 <sup>th</sup> - 30 <sup>th</sup> April	4 <sup>th</sup> February	Noon 31 <sup>st</sup> March Teams 9 <sup>th</sup> April Gymnasts	Fenton Manor, Stoke on Trent
	National Development Plan 4,3,2,1 Finals 20 <sup>th</sup> - 21 <sup>st</sup> May	25 <sup>th</sup> February	Noon 21 <sup>st</sup> April Teams 7 <sup>th</sup> May Gymnasts	Fenton Manor, Stoke on Trent
	Adrian Stan Team Championships 16 <sup>th</sup> - 17 <sup>th</sup> September	24 <sup>th</sup> June	Noon 4 <sup>th</sup> August	Surrey Sports Park, Guildford
	National Compulsory Levels 2 & 1 Qualifier 30 <sup>th</sup> September or 1 <sup>st</sup> October	7 <sup>th</sup> July	Noon 18 <sup>th</sup> August	Lilleshall
	Disability Artistic British Championships 1 <sup>st</sup> October	7 <sup>th</sup> July	Noon 18 <sup>th</sup> August	Lilleshall National Sports Centre
	Espoir, Junior & Senior Challenge Cups 13 <sup>th</sup> - 15 <sup>th</sup> October	22 <sup>nd</sup> July	Noon 1 <sup>st</sup> September	TBC
	Bill McLoughlin National Apparatus Team Championships 13 <sup>th</sup> - 15 <sup>th</sup> October	22 <sup>nd</sup> July	Noon 1 <sup>st</sup> September	TBC
	National Voluntary Levels 4, 3 & 2 4 <sup>th</sup> - 5 <sup>th</sup> November	12 <sup>th</sup> August	Noon 22 <sup>nd</sup> September	Guildford
	British Championships Espoir and Apparatus Finals 1 <sup>st</sup> - 3 <sup>rd</sup> December	9 <sup>th</sup> September	Noon 20 <sup>th</sup> October	Surrey Sports Park, Guildford
For a complete domestic and international calendar of events please follow link 				

## Eligibility

### Membership

All persons attending BG events in an official capacity, whether as a gymnast, coach, judge are required to hold current BG membership in line with the level of competition entered and awards held.

Coaches, Judges and Gymnasts should carry current membership cards to all competitions and be prepared for these to be checked by the Organiser or their appointed officials.

- **Gymnasts**

Membership level must be Silver, Gold, Joint Gold, or Life Members of BG in order to enter a BG Event.

In normal circumstances, gymnasts should also be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the Events Department and request entry into the Event. If granted such gymnasts will be given the classification as being Unattached. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

For all Grades competitions, gymnasts must hold current BG membership at the time of Regional Preliminaries. Anyone discovered to have been without the correct level of membership for these competitions will be disqualified.

- **Supervising Coaches**

Supervising coaches' membership level must be Gold, Joint Gold or Life Members of BG and coaches must be qualified to the level of the skills being performed before being allowed to participate in a BG Event. Coaches must have a current safeguarding certificate. Please see Safeguarding section.

- **Assisting Coaches**


Assisting coaches' Membership level must be Silver (if Level 1), Gold, Joint Gold or Life Members of BG before being allowed to participate in a BG Event. Coaches must have a current safeguarding certificate. Please see Safeguarding section.


- **Judges**

Judges' membership level must be Bronze or Life Members of BG for Club/County/Regional Judges, and Gold, Joint Gold or Life Members of BG for National and Brevet Judges before being allowed to officiate at a BG Event.

Judges must also hold a current cycle of judging award (Cycle 14)

BG does not require judges to complete a criminal record check to judge at BG competitions, as the role that judges fulfill at the event no longer falls within DBS or Access NI Eligibility\*. However, some judges are actively involved in club gymnastics and may provide judging instruction to children in a training environment or carry out a supervisory role (or may complete a criminal record check by virtue of another role they undertake e.g. coach). As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a criminal record check. BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervise or instructs children has completed appropriate training.

\* Judges who are involved in Scottish competitions should refer to [Scottish Gymnastics](#)  for further guidance as to whether a check is required.

For further information on membership levels please visit the British Gymnastics website. 



## Coach Qualifications

When submitting entries for a BG event, clubs must ensure that the nominated Supervising Coach(es) is/are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the coach's qualification is not allowed.

The caveat that permits coaches to practice one level above their coaching qualification in the coaching syllabus refers to a training environment only and is not permitted at BG Events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a BG mentor coach.

Supervising Coaches entered into the event entry MUST be the same ones attending the event. It is unacceptable to enter a coach you know will not be attending.

Supervising Coaches have a duty of care towards their performers and have a responsibility to ensure that they are both qualified and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

## Safeguarding

All Coaches are required to hold a current BG specific DBS certificate, or Home Nation equivalent, and have current Safeguarding and Protecting Children Awareness training at the time of the event. Coaches who do not fulfil this requirement will not be accredited or allowed to participate at BG Events.

All Gymnasts must have an accredited coach present on the competition floor at all times. If a Gymnast attends a competition without a Supervising Coach they will not be allowed to compete.

The safeguarding courses recognised by British Gymnastics are:

Sports Coach UK (scUK) Safeguarding Awareness course.  
Local Safeguarding Children's Board (LSCB)  
Football Association (FA) safeguarding training  
Professional prior learning ie Social Worker, Teacher etc.

This must be renewed every three years and be valid both at the time of entry and through to the end of the Event.



For members who have previously completed a face to face course an online refresher update course is available.

Coaches must also have a valid Criminal Records Certificate both at the time of entry and through to the end of the Event before being allowed to officiate at a BG Event.



## Nationality

Participation in all British Gymnastics Events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning Nationality are applicable to British Gymnastics Events.

## British Championships

Only those in possession of a valid United Kingdom passport are eligible to be ranked in the official Competition results, where a British Championships title is being contested. This is effective for individual competitions. In team competitions or where gymnasts compete together as part of a group/partnership, all of the gymnasts must be in possession of a valid United Kingdom passport in order for that team/group/partnership to be ranked in the official Competition results.

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), those who are not in possession of a valid United Kingdom passport may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG statute. They will receive score(s) but will not receive a ranking in the official Competition results. In such circumstances gymnasts will be referred to as Guests.

Gymnasts holding dual citizenship (including a valid United Kingdom passport) are only eligible to receive a ranking in the official results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG License registered by another FIG Member Federation or have not represented another FIG Member Federation.

Gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official Competition results.

## Other British Gymnastics Events

At the discretion of the British Gymnastics Technical Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), non-British citizens may take part in other British Gymnastics' Competitions. Participation is also subject to approval from their own FIG Member Federation in accordance with FIG Statutes.

Those gymnasts who are not in possession of a valid United Kingdom passport must have been a member of British Gymnastics for at least one year prior to the date of the Competition in order to be eligible to take part. During this period the gymnast's sole or main residence must be within the United Kingdom.

They will receive score(s) and will receive a ranking in the official Competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a Competition provides a qualification route to take part in a British Championships, the results of a non-British citizen will not lead to the displacement of a British citizen who would have otherwise qualified for the British Championships.


In exceptional circumstances, gymnasts who are not in possession of a valid United Kingdom passport and who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee or Head of Performance Sport to take part in British Gymnastics Events. The Technical Committee with approval from the Head of Performance Sport will have the discretion to determine whether their scores will contribute towards the official Competition results.

## Disclosure

It is the responsibility of the person making the Competition entry to ensure that all of the gymnasts have their nationality declared within Gymnet online membership portal.

## Competition Entries

### Entry Process

Entry to all National BG events are online only. Complete instructions for adding an entry via the GymNet Online Entry Portal are available to download from the BG website. 

All entries must be fully submitted electronically to BG by the stipulated closing date and time.


### Disability Gymnastics

Disability Gymnastics is designed to provide competition and development for people whose disability or impairment restricts their mainstream competitive opportunities.

Gymnasts with disabilities competing in mainstream competition, at or above regional levels (Not including GfA competition or British Vets), will be ineligible to enter Disability Gymnastics competitions.

As part of the development of Disability Gymnastics, British Gymnastics has produced its own sport specific Disability Gymnastics Classification Certificate. The classification certificate is contained in a pack which also clearly defines the eligible impairments for Disability Gymnastics Competition.

All clubs and coaches must inform the British Gymnastics Events Team of any of any gymnasts which have medical conditions that require special consideration at BG events. This information should be shared with the BG Events Team at the point of competition entry and will enable to the BG events team to make the necessary adjustments where possible to cater for the additional needs of each gymnast.

Gymnasts will be required to provide proof of Disability at least six weeks before the event. Please complete and return the Disability Gymnastics Classification Certificate by following the instructions in the Disability Classification Pack. 

Although there are 44 different eligible classifications (Profile groups) in the Classification Pack, this does not mean that there are 44 different competition categories for Disability Gymnastics competition.

The Disability competition classification categories available can be found within the information pages for each competition which has integrated disability.

### Methods of Payment

Payment can be made by Debit Card, Credit Card or BACs payment. BACS payment however may slow the entry process. Payments should be received by BG within 48 hours of the entry being submitted.

***Entry fees are non-refundable after the closing date.***

### Late Entries

Late entries will only be considered in exceptional circumstances and only up to 7 days after the closing date.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including partnerships and groups). For team late entries the fee will be double (including clubs and regions.) However, the late entry payments will be capped at £1000 (i.e the additional payment over and above the normal entry fee per gymnast / partnership / group / team will be capped at £1000).

Late entries must be made in writing to the BG Events department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Late entry requests may be placed on a reserve list and clubs notified if their entry is accepted following a withdrawal, up to 1 week prior to the event.

## Withdrawals and Substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

For NDP Grades Finals, if a Region wishes to make a substitution (due to the withdrawal of a previous regional entry) of a Pair/Group, they can only do so up to two weeks before the event, in writing to the BG event department after the entry is closed. Proof of qualification of the substitute must also be provided if applicable, at the time of the request. Substitutions will not incur a fee however there is no guarantee that the substituted names will be included in the spectator programme.

Where it is necessary to substitute a coach the club must inform the BG Events Department in writing at [events@british-gymnastics.org](mailto:events@british-gymnastics.org) so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific Criminal Records Check certificate.

## Non-Participation Fee

Due to an increasing number of clubs/coaches/gymnasts failing to inform the organiser of their withdrawal from the event and the impact on the event and competition format, it was agreed at the Joint Technical Committee meeting on 13th April 2016 that a fee for non-participation will be introduced.

By entering a gymnast (individual/partnership/group) or a team (team events) into an event, the enterer accepts that, should any gymnast or team fail to register to compete by the end of registration for a competition, the appropriate fee for non-participation will be added to the club basket or in the case of regional entries, basket of the person making that entry.

Fees will be charged as follows:

- £25 – Individual / Pair
- £50 – Trio / Group / Team

Should a gymnast be withdrawn prior to the event date due to illness or injury the club/region should inform the Events Department, [events@british-gymnastics.org](mailto:events@british-gymnastics.org), **in writing up to 12 noon of the Friday prior to the event** and forward a medical certificate to avoid paying the non-participation fee.

If a gymnast suffers illness or injury after this time the club should inform the Competition Organiser at their earliest convenience **up to the close of registration**. If a medical certificate is provided within 14 days of the event the non-participation fee will not be charged.

The medical certificate should be provided on headed paper by a qualified medical professional, Doctor or Physiotherapist, confirming the gymnast is unfit to take part in the competition. This should be emailed to the Events Teams at [events@british-gymnastics.org](mailto:events@british-gymnastics.org) or posted to the Events Department at Lilleshall National Sports Centre, Newport, Shropshire, TF10 9AT.

Failing to inform the Events Team or Competition Organiser as laid out above will result in the non-participation fee being charged.

## General Regulations

Coaches must make adequate provision for the “supervision” of their gymnasts upon arrival at the venue. Gymnasts will not be allowed to register or begin warm up without their coach present.

### Registration

Only register your gymnast(s)/club/region when those competing in that section of the event have arrived at the event and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.

During registration accreditation/passes will be issued. Abuse of accreditation/passes may result in disciplinary action taken by BG.

### Order of Performance


The order of competing for individual events and team events shall be decided according to the competition arrangements made by the Organiser or such officials as may be authorised by the Technical Committee. For the purpose of maintaining the smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the TC reserve the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary by the Organiser or authorised officials, up to the start of warm up.

For competitions where there is an official podium training no changes will be made to the running order without consultation with the coach and gymnast affected.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order for an event at least 2 weeks before the day thereof.

### Music


All music for competition routines must be uploaded onto the GymNet portal at the latest one week before the competition date (see event page for specific time and date).

Instructions for submitting music electronically may be found within the online entry guide 

### Late Music Submission

Late submission of music will attract a fee of £20.00 per gymnast/partnership/group/team. This fee will be added to your club basket. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

### Music Licensing

All music used in competition routines must conform to the relevant licensing requirements. Details may be found at the following link. 

Certain tracks belonging to Disney, Andrew Lloyd Webber and Cirque du Soleil can be used but this should be checked on the PPL website to confirm the track is included within their repertoire.

To check tracks go to <http://www.ppluk.com/> scroll to the bottom of the page and click on ‘PPL Repertoire Search’ enter the artists name and title. Any music listed as part of the search can be used.

If the track is not included within the listed tracks the club must apply directly to Disney, Andrew Lloyd Webber or Cirque du Soleil to use the track and pay the relevant licensing fees.

### **Access to Warm up Hall**

Access to the warm up hall will be limited to the appropriate number of coaches as defined in the specific details section for each event. On arrival, coaches will need to register and collect their accreditation from registration. In the case of events spanning more than one day, accreditation will be issued for each day. At larger national events the FIG/UEG recognised accreditation system will apply.

Abuse of accreditation may result in disciplinary action being taken by BG.

Judges will not be allowed into the warm up hall, once the judges meeting has taken place.

### **Food and Drink**

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances and allergies.

### **Babies and Young Children**

In the interests of safety, for the smooth running and professional presentation of the events, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

### **Medical Provision**

Anyone requiring First Aid assistance should speak to either the Competition Organiser or BG medical team. It is recommended that all coaches have a First Aid kit with them for minor injuries.

At all BG Events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed medical officer as to the gymnast's health and medical status and their ability to compete at the Event is absolute and final.

### **Medal Ceremonies**

Except in exceptional circumstances, gymnasts who win a medal at a BG Event are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Medals will only be distributed at events not by post. Attire for medal ceremonies is according to FIG World Championships and UEG rules.

### **Tenure of Trophies**

All perpetual trophies remain the property of BG.

Perpetual trophies are the responsibility of the winning club or region. The club or region are responsible for the inscription of, as well as safekeeping and maintenance of, the trophy and for returning it to the Organiser prior to the competition the following year by either; -



- Making arrangements for it to be delivered to the competition venue on the day.
- Returning it to the competition organiser at least one week prior to the competition.
- Returning it to the BG offices at least one week prior to the competition.

Failure to do this or loss of a trophy will incur a cost to the individual / club.

## Video, Film and Photography

BG accredited photographers may be present at BG events and in some cases, events will be videoed and/or live streamed by BG TV. These images may be used by BG and our subsidiary companies for the purposes of promotion, education and development of the sport. They may also be shared with relevant third parties organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts/parents are informed of the photography arrangements for the relevant event. BG will also announce the photography/filming arrangements at the event. Any gymnast or parent who does not wish themselves or their child to be photographed/filmed at the event must advise the British Gymnastics Events Department or the Event Organiser. Although it is not always practical to manage the content of live streamed footage, British Gymnastics will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the BG Photography at Gymnastics Events policy . Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with BG Safeguarding and Protecting Children Policy .

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

## Health and Safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and Safeguarding and Protecting Children.

## Overnight Stays

Government legislation requires that when a club takes a gymnast(s) under the age of 18 years on a journey involving an overnight stay, the club must ensure that there is a designated trained person responsible for child protection on the trip. To adhere to the CPSU child protection standards this person must not be related to or in a relationship with the coach attending the trip.


The training for the designated person should be BG recognised Safeguarding and Protecting Children Awareness training or Home Country equivalent.

For **Overnight Trips** the appropriate form needs to be completed in full and sent to British Gymnastics **at least** four weeks prior to travel so we can get your trip approved and endorsed by our insurers. Failure to inform British Gymnastics of **any** overnight stays may invalidate your insurance.

Please note that the BG Membership Insurance does not cover Travel or Emergency Medical Expenses, we therefore recommend that where necessary you take out additional Travel Insurance.

## Drug Free Sport

The testing programme may affect any elite gymnast performing at a national standard.

Please follow the link to read the BG policy 

### **Terms and Conditions of Entry to All Competitions**

In addition to BG General Rules and Regulations:

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee which will be added to the club/region basket.
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication.
- You agree to abide by the BG Photography at Gymnastics events policy.
- The person making the online entry on behalf of gymnast(s), a club or a region, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook.



## Women’s Artistic Technical Information

### Code of Conduct

British Gymnastics National Technical Committee Code of Conduct 

Womens Artistic Judges Code of Conduct 

BG, acting through the Board or its Committees, reserves the right to refuse any entry and disqualify an official, judge, gymnast or team at any time, if they do not comply with BG regulations.

### Grade/Level

Gymnasts may only compete in ONE grade/level per competition year.

### Regional Representation

Gymnasts may only represent the region to which their club is affiliated.

Gymnasts may only represent one region/club at any one time within a discipline.

Exceptional circumstances will be considered following written application to the WTC.

Where regional entries are made, gymnasts and coaches must be selected according to the rules and will represent their region, not club. They must wear that regional uniform, no club logos are allowed.

### Qualification from Regional Events to National Finals

Gymnasts attempting to qualify for national finals through a regional qualifying competition must attend the competition held in their own region and have one opportunity to qualify. Extenuating circumstances will be considered following written application to the WTC before any attempt to qualify.

### Age Policy

Gymnasts’ ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

The minimum age for entry to National BG events is 9 years in the year of competition.

To view further information on age, participation and competition please view the Health & Safety Guidance:


Coaching Practice document (available within the Resource Library on GymNet). 

Year Born Eligibility for WAG National Competitions 2017				
Age	Year Born	Compulsory Elite Levels	NDP National Grades	NDP Regional Grades
Min Age 8	2009		NDP Club Grade 6	
Min Age 9	2008	<b>Compulsory 4</b>	NDP Club Grade 5	
Min Age 10	2007	<b>Compulsory 3</b>	<b>National 4</b> Not eligible: a pass at Compulsory 3 2 1	<b>Regional 4</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 4 3 2 1

Min Age 11	2006	<b>Compulsory 2</b>	<b>National 3</b> Not eligible: a pass at Compulsory 2 1	<b>Regional 3</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 3 2 1
<b>Age</b>	<b>Year Born</b>	<b>Compulsory Elite Levels</b>	<b>NDP National Grades</b>	<b>NDP Regional Grades</b>
Min Age 12	2005	<b>Compulsory 1</b>	<b>National 2</b> Not eligible: a pass at Compulsory 1	<b>Regional 2</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 2 1
Min Age 13	2004		<b>National 1</b> Not eligible: a pass at Compulsory 1	<b>Regional 1</b> Not eligible: a pass at Compulsory 4 3 2 1 a pass at National 1
Esplor 12 -13	2004 -2005	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	
Junior 14 -15	2002 -2003	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	
Senior 16 +	2001 or before	British Championships	<b>Challenge Cup</b> Not eligible: Qualified for British Champs	

### Competition Attire


- Gymnasts

Refer to the Women's Artistic Code of Points  this also applies to podium training.

The removal of leotards on the field of play is not allowed.

- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden.
- Long hair should be braided or tied back so as not to obscure vision.


- Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
- The wearing of GBR or Home Nations attire at BG Events is strictly forbidden
- Long hair should be braided or tied back so as not to obscure vision
- Coaches will not be allowed to support on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per BG Body Piercing and Adornments policy 

Non-compliance may result in removal of the coach and consequently, for health and safety reasons, their gymnast from the competition.

- Judges

Refer to the Women's Artistic Code of Points 

Requests can be made to adopt reasonable clothing modifications at any BG competition on religious grounds only. All requests must be on the official BG Clothing Modification Request Form  and submitted with the competition entry at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

For competitors, coaches and judges, chewing gum is not allowed at any phase of the competition, including the opening ceremony and presentation of the awards or closing ceremony.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs

or be used for other forms of communication in the main arena during the event. Such mobile devices may only be used for monitoring scores and results, where the BG Score App is in operation.

### **Competition Apparatus**

Unless otherwise stated, the equipment at WTC competitions will be to current FIG specifications: Only apparatus supplied at the request of the WTC may be used at national events.

### **Tall Gymnasts – Uneven Bars**

Both Bars may be raised by 10cm where a gymnast's feet touch the basic matting.

Where a single bar is used this may be raised so that the gymnast's feet in long hang clear the matting.

The request for the bars to be raised must be at the time of competition entry. The bars will be raised in accordance with the FIG/WTC regulations.

Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

### **Inquiries:**

Official WTC inquiry forms are available from the Superior Jury and must be completed and returned to them within 15 minutes of the coach receiving the score slip. Inquiry forms will be published in each event work plan. If necessary, a coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they may not register an inquiry. A coach may only inquire about the D score.

The supervising coach for the club/region of the competing gymnasts places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

The WTC cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the Superior Jury for the benefit of every competitor.

# British Championships Junior and Senior

**Date:** 23<sup>rd</sup> – 26<sup>th</sup> March *Pre-competition training available*

**Venue:** Echo Arena, Kings Dock, Liverpool Water Front, Liverpool, L3 4FP

**Opening date:** 16<sup>th</sup> December

**Closing date:** Noon 10<sup>th</sup> February

**Music entry** Noon 16<sup>th</sup> March 

**closing date:**

**Entry Fee:** £60.00 per gymnast

**Code:** FIG Competition I plus GB modifications for Junior Championships 

**Eligibility:**

## Junior

- Age 14 or 15 in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup or
- Participation (without relegation) in a previous British Championships

## Senior

- Age 16 or over in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup or
- Participation (without relegation) in a previous British Championships

**Competition Structure:**

## Junior and Senior

- Competition format is as per FIG
- Apparatus specifications are as per FIG – except for vault matting.
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition
- There will be no relegation

**Coach Qualification and Passes:**

- One coach (from two nominated) on the podium at any one time minimum Level 4

**Individual Apparatus Finalists:**

Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in Junior / Senior apparatus finals.

***Those attempting to qualify for Vault finals must submit an entry form at registration.***

- Seniors will compete two different vaults which must be from different groups and with different second flight phase, as per FIG
- Juniors will compete two different Vaults which may be same group but with different numbers
- First vault will be included in overall score
- In the finals the score of the two vaults will be calculated according to FIG rules

**Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships) 

#### Awards:

##### Junior

- Perpetual trophy, glass trophy, gold medal,
- Silver medal,
- Bronze medal,
- A presentation will be made to the coaches of the overall Junior British Champion
- Diploma and flower awarded for places 1 – 6
- Participation Certificates for all gymnasts


##### Senior

- Perpetual trophy, glass trophy, gold medal, training grant of £600
- Silver medal, training grant of £250
- Bronze medal, training grant of £150
- A presentation will be made to the coaches of the overall Senior British Champion
- Diploma and flower awarded for places 1 – 6
- Participation Certificates for all gymnasts

## British Individual Apparatus Finals Junior and Senior

#### Code:

**Junior** FIG Competition III; (Bars,Beam,Floor)

**Junior** FIG Junior code (Vault only), two different Vaults – may be same group 

**Senior** As FIG Competition III

#### Eligibility:

Eight highest scoring gymnasts on each piece from Junior and Senior

#### Competition Structure:

- Age groups are Junior and Senior
- Competition format is as per FIG
- Apparatus specifications are as per FIG – except for vault matting.
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- One coach (from two nominated) on the podium at any one time

#### Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

#### Awards:

##### Junior

- Perpetual trophy, glass trophy, gold medal, diploma and flower for Vault, Bars, Beam and Floor
- Silver medal, diploma and flower for Vault, Bars, Beam and Floor
- Bronze medal, diploma and flower for Vault, Bars, Beam and Floor

##### Senior

- Perpetual trophy, glass trophy, gold medal, diploma, flower and training grant of £100 for Vault, Bars, Beam and Floor
- Silver medal, diploma and flower Vault, Bars, Beam and Floor
- Bronze medal, diploma and flower for Vault, Bars, Beam and Floor

## British Disability Masters

**Date:** 23<sup>rd</sup> – 26<sup>th</sup> March *(Pre competition training available)*

**Venue:** Echo Arena, Kings Dock, Liverpool Water Front, Liverpool, L3 4FP

**Opening date:** 20<sup>th</sup> December

**Closing date:** Noon 3<sup>rd</sup> February

**Music entry** Noon 16<sup>th</sup> March 

**closing date:**

**Entry Fee:** £15.00 per apparatus capped at £60.00

**Code:** FIG Competition 

### Eligibility

- By invitation only

(The top 50% of scores on each piece of apparatus, up to a maximum of 8 women from the Open Junior and Senior class from the WAG Disability British Championships in the previous year, will be eligible for invitation by the WTC. In addition, the WTC reserve the right to award 'wildcards' where thought appropriate for qualification.)


### Competition Structure:

- Competition Open Class Women - Individual Apparatus Finals

**Coaches Qualifications- Please follow the link to check your awards** 

Open Class Women	General Level 2 or Discipline specific Club or above
------------------	--

### Tie Breaks:


- Tie-break rules as per the FIG regulations (World Championships) 

### Awards:

#### Awards

- Trophy, Gold Medal, flower & Diploma for Vault, Uneven Bars, Beam, Floor
- Silver Medal, flower & Diploma for Vault, Uneven Bars, Beam, Floor
- Bronze Medal, flower & diploma for Vault, Uneven Bars, Beam, Floor
- Participation Certificate

## National Compulsory Levels 4, 3, 2 & 1

<b>Date:</b>	29 <sup>th</sup> – 30 <sup>th</sup> April	<i>No pre competition training</i>
<b>Venue:</b>	Fenton Manor, Victoria Road, Fenton, Stoke on Trent, ST4 2RR	
<b>Opening date:</b>	4 <sup>th</sup> February	
<b>Closing date:</b>	Register your commitment to make a regional team entry (gymnasts not named) in writing to the Competition Organiser by Noon on 31 <sup>st</sup> March.  Submit your full team and individual entry details (including gymnasts' names) and make payment using the GymNET Online Entry Portal by 20:00 on 9 <sup>th</sup> April	
<b>Music entry closing date:</b>	Noon 21 <sup>st</sup> April	
<b>Entry Fee:</b>	£170.00 per regional team, £45.00 per individual	
<b>Code:</b>	Refer to the WAG Compulsory Elite Levels 2014-2017 (available on GymNET Resources Centre)	

### Eligibility:

- In Age gymnasts only will qualify for National Finals - Level 4 (9 in year of competition) and Level 3 (10 in year of competition)
- In Age: Level 2 (11 in year of competition), Level 1 (12 in year of competition)
- Out of Age: Level 2 (12 or over in year of competition), Level 1 (13 or over in year of competition)
- Regions must identify the competition, which will count towards selection for National Finals
- The first four gymnasts in Compulsory Level 4 & 3, will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering National Finals must have achieved a pass score in Regional Qualifier (minimum 50.00)

#### Compulsory Level 4

- Gymnasts who score **59.00** or more in their regional competition at Level 4 but do not finish in the first four may enter the National Finals as individuals

#### Compulsory Level 3

- Gymnasts who score **56.00** or more in their regional competition at Level 3 but do not finish in the first four may enter the National Finals as individuals

#### Compulsory Level 2

- No regional qualification required. Individual entry direct to national finals
- Must have passed Compulsory 3

#### Compulsory Level 1

- No regional qualification required. Individual entry direct to national finals
- Must have passed Compulsory 2

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged*

*For all Compulsory Level competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.*

The National Coaches recommend that Regional Qualifiers take place no more than 4 weeks before the National Final.

### Competition Structure:

- Competition format as per FIG
- Individuals will be drawn at the end of groups. If there is more than one individual in a group, they will rotate between them
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- **Provisional timetable** – Compulsory Levels 4 & 2 on Saturday, Compulsory Levels 3 & 1 on Sunday

**Team:**

- The team score will be the total of the 3 best scores on Vault, Bars, Beam, Floor and Range and Conditioning
- Working order for team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition. The nominated reserve may only replace a withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made
- If the reserve has already competed as an individual and is subsequently required to replace a team member their scores will be added in to the team total

**Coach Qualification and Passes:****Compulsory Level 4 & 3**

- Maximum one coach per gymnast
  - Compulsory Level 4 - minimum Level 2
  - Compulsory Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
- Maximum four coaches per regional team
- Each region must nominate a Team Manager

**Compulsory Level 2 & 1**

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

**Specific Apparatus Requirements:**

- Refer to the WAG Compulsory Elite Levels 2014-2017 Booklet (available on GymNET Resources Centre)
- Extra soft board available for vault

**Tie Breaks:**

- At National Finals ties will not be broken
- At Regional Qualification for Compulsory Level 4 & 3 ties at 4<sup>th</sup> place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop R&C score
  3. Drop vault score
  4. Drop bars score
  5. Drop beam score
  6. Drop floor score

**Awards:****Compulsory Level 4 & 3**


- Team gold, silver and bronze – top 6 teams announced
- Individual gold, silver and bronze - top 6 individuals will be announced and lined up with medallists
- Rose Bowl - team totals from Compulsory Levels 4 & 3 will be carried forward to the NDP 4,3,2 & 1 finals where the Rose Bowl will be awarded to the region with the highest total score

**Compulsory Level 2 & 1**

- 'In Age' 2 & 1 all-around - gold, silver and bronze medals
- Top 6 'In Age' individuals will be announced and lined up with medallists
- All gymnasts passing Compulsory Levels 2 & 1 will be awarded a certificate



## National Development Plan 4, 3, 2 & 1 Finals

<b>Date:</b>	20 <sup>th</sup> -21 <sup>st</sup> May ( <i>No pre competition training</i> )
<b>Venue:</b>	Fenton Manor, Victoria Road, Fenton, Stoke on Trent, ST4 2RR
<b>Opening date:</b>	25 <sup>th</sup> February
<b>Closing date:</b>	Noon 21 <sup>st</sup> April
<b>Music entry closing date:</b>	Noon 12 <sup>th</sup> May 
<b>Entry Fee:</b>	£170.00 per regional team
<b>Code:</b>	Refer to the WAG NDP Club Grades Booklet (available on GymNET - Resources Centre)

### Eligibility:

- Minimum age as stated in NDP Club Grades Booklet (available on GymNET - Resources Centre)
- Regions must identify the competition which will count towards selection for National Development Plan Finals
- The first four gymnasts in each National Grade (4, 3, 2 & 1) will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- All gymnasts entering National Finals must have achieved a pass score in Regional Qualifier (minimum 50.00)
- Regional team entry only - no individual entries accepted

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged.*

*For all NDP competitions (including Regional Qualifiers) there must be a minimum of two judges on each piece of apparatus and at least ONE must be qualified to regional level or above.*

### Competition Structure:

- 10 minute general warm up then 5 minute apparatus warm up and compete for all NDP National Grades
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Gymnova
- **Provisional timetable** – National Grades 4 & 3 on Saturday and National Grades 2 & 1 on Sunday

### Team:

- The team score will be the 3 best scores on Vault, Bars, Beam Floor and Range and Conditioning
- Working order for team must be handed in at registration
- Nominated reserves will march in and act as team board steward during competition
- Reserve may only replace withdrawn team member **BEFORE** start of competition

### Coach Qualification and Passes:

- Maximum one coach per gymnast – minimum Level 2
- Maximum four coaches per regional team
- Each region must nominate a Team Manager

### Specific Apparatus Requirements:

- Refer to the WAG NDP Club Grades Booklet (available on GymNET - Resources Centre)
- Extra soft board available for vault


**Tie Breaks:**

- At National Finals ties will not be broken
- At Regional Qualification ties at 4<sup>th</sup> place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop R&C score
  3. Drop vault score
  4. Drop bars score
  5. Drop beam score
  6. Drop floor score

**Awards:**

- Team gold, silver and bronze in each Grade – top 6 teams announced
- Individual gold, silver and bronze in each Grade – top 6 individuals will be announced and lined up with medallists
- Participation Certificates for all gymnasts
- Rose Bowl – team totals from National Grades 4,3,2 &1 finals will be added to the Compulsory Levels 4 & 3 finals for this award. The Rose Bowl will be awarded to the region with the highest total score

## Adrian Stan Team Championships

<b>Date:</b>	16 <sup>th</sup> -17 <sup>th</sup> September	(No pre competition training)
<b>Venue:</b>	Surrey Sports Park, Richard Meyjes Road, Guildford GU2 7AD	
<b>Opening date:</b>	24 <sup>th</sup> June	
<b>Closing date:</b>	Noon 4 <sup>th</sup> August	
<b>Music entry closing date:</b>	Noon 8 <sup>th</sup> September 	
<b>Entry Fee:</b>	£170.00 per club team	
<b>Code:</b>	FIG Competition I Uneven Bars - an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element	

### Eligibility:

- Minimum age is 10 in year of competition
- Open to any BG registered club up to a maximum of 40 teams
- More than one team may be entered subject to a maximum of 2 teams per club
- If number of teams exceeds 40 the entry will be restricted to one team per club
- Gymnasts must be registered with the club according to BG regulations

### Competition Structure:

- Competition format is as per FIG
- Bars and Beam Dismounts – Coaches are permitted to stand in for bars and beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus specifications are as per FIG plus extra-soft board will be available for vault
- Apparatus specifications are as per FIG except for vault landing
- An extra-soft board will be available for vault
- Additional matting (where available) will be permitted for warm up and touch warm up. Not to be used in competition
- Two teams will be drawn on each apparatus with a split warm up.

### Team:

- 5 in a team, 4 to work on each piece, 3 best scores to count
- Clubs will be seeded by ranking from the previous year, except for the first year where this will be decided at the discretion of the WTC
- New entrants will be drawn in the early rounds, except if the team has a senior or junior national squad gymnast, in which case this will be decided at the discretion of the WTC
- In the event of teams withdrawing the next team (and all subsequent teams) will move up rotation/round to replace withdrawn team
- Working order for team must be handed in at registration
- If required, a change may be made in the touch warm up period and the replacement from the 5 named gymnasts will go into the vacated place. ***D Panel and control must be notified***

### Categories:


- A team with 1 or more gymnasts of senior age (16 plus) will be considered a senior team regardless of the ages of the other team members
- A team without any gymnasts of senior age will be considered a junior team
- A non-national squad team is one where no gymnast is a member of a National Squad (excluding Home Nations Squad) on 1<sup>st</sup> June year of the competition

- Teams will be ranked according to the category that they fit into on the day. Examples:
  - Team “A” contains two 18 year olds and one national junior squad member – they are a Senior Team with a National Squad member.
    - If both 18 year olds are injured and withdraw then the team becomes a Junior Team with National Squad members
    - If the squad member also withdraws they become a Junior Team WITHOUT a National Squad member
  - Team “B” contains one 18 year old and one senior squad member – they are a Senior Team with a National Squad member.
    - If the squad gymnast is withdrawn they become a Senior Team WITHOUT a National Squad member
    - If the 18 year old also withdraws they become a Junior Team.

#### **Coach Qualification and Passes:**

- Two coaches (from three nominated) on the competition floor at any one time - minimum Level 2 with the relevant Level 3 Technical Modules signed off

#### **Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships) 

#### **Awards:**

- Senior Team Champions – Medals (Gold, Silver, Bronze)
- Junior Team Champions – Medals (Gold, Silver, Bronze)
- Senior Team Champions (Non-National Squad) – Medals (Gold, Silver, Bronze)
- Junior Team Champions (Non-National Squad) – Medals (Gold, Silver, Bronze)
- Overall Team Champions – Highest scoring team – Shield
- Highest individual AA – Senior / Junior / Espoir / U12 Medals (Gold, Silver, Bronze)
- Highest individual non-national squad AA – Senior / Junior / Espoir / U12 Medals (Gold, Silver, Bronze)

## National Compulsory Levels 2 & 1 Qualifier

**Date:** 30<sup>th</sup> September or 1<sup>st</sup> October (No pre competition training)

**Venue:** Lilleshall National Sports Centre

**Opening date:** 7<sup>th</sup> July

**Closing date:** Noon 18<sup>th</sup> August

**Music entry closing date:** Noon 22<sup>nd</sup> September



**Entry Fee:** £45.00 per gymnast

**Code:** Refer to specific Compulsory Levels Rules Booklet (available on Gym NET Resources Centre)

### Eligibility:

No regional qualification required. Individual entry direct to National

#### Compulsory Level 2

- Must have passed Compulsory 3

#### Compulsory Level 1

- Must have passed Compulsory 2

*Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after the closing date the late entry fee will be charged*

### Competition Structure:

- In Age: Level 2 (11 in year of competition), Level 1 (12 in year of competition)
- Out of Age: Level 2 (12 or over in year of competition), Level 1 (13 or over in year of competition)
- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Lilleshall - additional matting provided by Gymnova

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

### Pass Mark:

#### Compulsory Level 2

- To progress to Compulsory 1 all-around pass mark (minimum 53.00) is required at Compulsory 2

#### Compulsory Level 1

- To progress to the British Championships an all-around pass mark (minimum 54.00) is required at Compulsory 1
- Once a gymnast has passed Compulsory Level 1 she may not revert to the Club Grades system
- A gymnast may revert to the Club Grades if she fails

### Specific Apparatus Requirements:

- Refer to the WAG Compulsory Elite Levels 2014-2017 Booklet (available on Gym NET - Resources Centre)
- Extra-soft board will be available for vault



**Tie Breaks:** Not applicable

### Awards:

- All gymnasts passing Compulsory Levels 2 & 1 will be awarded a certificate

## Disability Artistic British Championships

<b>Date:</b>	1 <sup>st</sup> October
<b>Venue:</b>	Lilleshall National Sports Centre
<b>Opening date:</b>	7 <sup>th</sup> July
<b>Closing date:</b>	Noon 18 <sup>th</sup> August
<b>Music entry closing date:</b>	Noon 22 <sup>nd</sup> September 
<b>Entry Fee:</b>	£30.00 per gymnast
<b>Code:</b>	Disability Supplementary Code of Points 2014-2017 
<b>Eligibility:</b>	

- Gymnasts will be required to send in a Disability Gymnastics Classification Certificate as proof of disability at least 6 weeks before an event 
- Classification – Class 1 = Learning Disability  
Class 2 = Physical or Sensory Disability 

### Competition Structure:

Competitions available

- |        |                            |         |
|--------|----------------------------|---------|
| • Open | Class 1                    | Class 2 |
| • A    | Class 1                    | Class 2 |
| • B    | Class 1                    | Class 2 |
| • B    | Under 12 no classification |         |

In Disability Competition Classes where there are fewer than three competitors, the Competition Organiser, at their discretion, may merge some competition categories in order to make a more meaningful competition.

### Age Groups

Open and Competition A

- Junior – Under 16
- Senior – 16 and over

Competition B

- U12 (no classification)
- Junior – Under 16
- Senior – 16 and over

### Coach Qualifications:

**Coaches' qualifications** – Please follow the link to check your awards 

Competition A Class I - Womens Junior  
Competition A Class I - Womens Senior  
Competition A Class II - Womens Junior  
Competition A Class II - Womens Senior  
Competition B Class I - Womens Junior  
Competition B Class I - Womens Senior  
Competition B Class II - Womens Junior

General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above  
General Level 2 or discipline specific Club and above

Competition B Class II - Womens Senior	General Level 2 or discipline specific Club and above
Competition B U12 (no classification) - Womens	General Level 2 or discipline specific Club and above
Open Class I - Womens Junior	General Level 2 or discipline specific Club and above
Open Class I - Womens Senior	General Level 2 or discipline specific Club and above
Open Class II - Womens Junior	General Level 2 or discipline specific Club and above
Open Class II - Womens Senior	General Level 2 or discipline specific Club and above

**Awards:**

Trophies will be presented to the winners of the Open (Senior) competition.

- A presentation will be made to the coaches of the overall Senior British Champion
- Medals will be awarded to the top 3 overall placing gymnasts in each age group and at each level.\*
- Apparatus medals will only be awarded in the Open competitions.
- Apparatus certificates will be awarded in Competitions A and B and will be sent to the clubs after the competition. They will not be awarded during the Medal Ceremony.
- Participation certificates will be issued at registration.

\* To be considered for overall placing in the Open, Competition A and Competition B, the gymnast must compete on a minimum of 3 pieces of apparatus. The overall total scores for each gymnast will determine the final placing.

# Challenge Cup Espoir, Junior and Senior

**Date:** 13<sup>th</sup>-15<sup>th</sup> October (No pre competition training)

**Venue:** Lilleshall National Sports Centre, Newport Shropshire, TF10 9AT

**Opening date:** 22<sup>nd</sup> July

**Closing date:** Noon 1<sup>st</sup> September

**Music entry** Noon 6<sup>th</sup> October 

**closing date:**

**Entry Fee:** £45.00 per gymnast

**Code:** Espoir- FIG Junior Code with GBR modifications 

Junior - FIG Competition

Senior - FIG Competition 

## Eligibility:

- Espoir: Age 12 or 13 in year of competition
- Junior: Age 14 or 15 in year of competition
- Senior: Age 16 or over in year of competition
- If a gymnast is not eligible to compete in the British Championships she may enter the Challenge Cup
- If a gymnast has failed Compulsory 1 she may enter the Challenge Cup
- If a gymnast has participated in the British Championships or passed Compulsory 1, an application must be submitted to the Chair of the WTC for dispensation to withdraw from the Elite path

## Competition Structure:

- Competition format is 10 minute general warm up then apparatus warm up and compete for all categories
- Apparatus supplied by Gymnova
- Apparatus specifications are as per FIG (Plus ESPOIR ONLY - extra-soft board will be available for vault)
- Beam dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

## Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time – minimum Level 2 with the relevant Level 3 Technical Modules signed off

## Promotion:

- A gymnast who attains the all-around qualifying score will be eligible for the next British Championships
  - **Espoir** 46.00 or more
  - **Junior** 48.00 or more
  - **Senior** 50.00 or more

## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

- Espoir, Junior, Senior all-around gold, silver and bronze medals
- In each age group top 6 individuals will be announced and lined up with medallists
- Espoir, Junior, Senior individual apparatus gold, silver and bronze on Vault, Bars, Beam and Floor  
(*Individual apparatus results taken from all-around competition – all gymnasts perform one vault only*)



# Bill McLoughlin National Apparatus Team Championships

**Date:** 13<sup>th</sup> - 15<sup>th</sup> October (No pre competition training)

**Venue:** TBC

**Opening date:** 22<sup>nd</sup> July

**Closing date:** Noon 1<sup>st</sup> September

**Music entry** Noon 6<sup>th</sup> October 

**closing date:**

**Entry Fee:** £170.00 per regional team

**Code:** FIG Competition I 

Uneven Bars- an exercise with less than 5 different coded elements will be deducted 1.00 for each missing element

## Eligibility:

- Minimum age is 12 in year of competition
- Regions may enter as many teams as they wish
- Gymnasts selected within region
- Senior National Squad gymnasts NOT eligible

## Competition Structure:

- Competition format as per FIG
- Apparatus specifications are as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus supplied by Lilleshall
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition

## Team:

- 4 in a team, 3 to work on each piece, best individual score on each apparatus to count for team
- Vault competitors will compete **two different vaults** which may be from the same group but with different numbers (Junior rules). Best average score will be added to team total and used for individual awards
- Each team has a JOKER which can be 'played' once – this will double the team score on that apparatus. The JOKER must be 'played' at registration and cannot be changed after the competition has started
- If required, a team change may be made in the touch warm up period ***D Panel and control must be notified***

## Coach Qualification and Passes:

- One coach (per gymnast) on the competition floor at any one time - minimum Level 2 with the relevant Level 3 Technical Modules signed off



## Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

## Awards:

- Team gold, silver and bronze medals
- A perpetual trophy will be presented to the winning region
- Apparatus gold, silver and bronze medals (Vault, Bars, Beam and Floor)
- Top 6 teams will be announced

## National Voluntary Levels 4, 3 & 2 Finals

Date:	4 <sup>th</sup> – 5 <sup>th</sup> November	(No pre competition training)
Venue:	Guildford Spectrum, Parkway, Guildford, GU1 1UP	
Opening date:	12 <sup>th</sup> August	
Closing date:	Noon 22 <sup>nd</sup> September	
Music entry closing date:	Noon 27 <sup>th</sup> October	
Entry Fee:	£170.00 per regional team, £45.00 per individual	
Code:	Refer to specific Voluntary Age Group Rules 	

### Eligibility:

- Level 4 (9 in year of competition), Level 3 (10 in year of competition) and Level 2 (11 in year of competition)
- Regions must identify the Voluntary Level 4 & 3 competition, which will count towards selection for National Finals
- The first 4 gymnasts in Levels 4 & 3 will represent the region in the National Finals
- The gymnast in fifth place will be the nominated reserve
- Gymnasts in Levels 4 & 3 who do not finish in the first four are eligible to enter National finals as individuals providing they have achieved the required score of 47.00 at Level 4 or 46.00 at Level 3 in the Regional Voluntary Levels qualifier **and** have a carry forward score from the 2017 National Compulsory Finals
- Level 2 – Individual entry direct to National Final. No regional qualification required
  - Entrants must have passed Compulsory 3
  - Level 2 is not a team competition

***Evidence of qualifying scores must be sent to the Competition Organiser by post or email by the closing date. Entry will be refused until results are submitted, if results are received after closing date the late entry fee will be charged***

### Competition Structure:

- Competition format as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- 10 minute general warm up then apparatus warm up then touch warm up and compete
- Maximum one coach per gymnast
  - Level 4 - minimum Level 2
  - Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
  - Level 2 - minimum Level 2 with the relevant Level 3 Technical Modules signed off
- Individuals will be drawn at the end of groups. If there is more than one they will rotate between them.

### Team:


- For Levels 4 & 3 the team score will be the 3 best scores on Vault, Bars, Beam, and Floor
- Nominated reserve may replace withdrawn team member **BEFORE** start of competition. If the reserve was entered as an individual but competes in a team, no refund of individual entry fee will be made.
- Working order for team must be handed in at registration.

### Coach Qualification and Passes:

- Maximum one coach per gymnast
  - Voluntary Level 4 - minimum Level 2
  - Voluntary Level 3 - minimum Level 2 with the relevant Level 3 Technical Modules signed off

- Maximum four coaches per regional team.
- Each region must nominate a Team Manager

#### **Specific Apparatus Requirements:**

- Refer to the WAG Voluntary Age Group Rules 
- Extra-soft board will be available for vault

#### **Tie Breaks:**

- At National Finals ties will not be broken
- At Regional Qualification for Voluntary Levels 4 & 3 ties at 4<sup>th</sup> place will be broken to select the final team member and reserve. Ties will be broken as follows:
  1. Highest E score
  2. Drop vault score
  3. Drop bars score
  4. Drop beam score
  5. Drop floor score

#### **Awards:**



- Level 4 - gold, silver and bronze for team and individual all-around
- Level 3 - gold, silver and bronze for team and individual all-around
- Level 2 - gold, silver and bronze for individual all-around
- In each level top 6 individuals will be announced and lined up with medallists

#### **British Age Group Champions will be declared as:**

- Level 4 (9 years) - Compulsory 4 total + Voluntary 4 total
- Level 3 (10 years) - Compulsory 3 total + Voluntary 3 total
- Level 2 (11 years) - Compulsory 2 total + Voluntary 2 total
- In each age group top 6 individuals will be announced and lined up with medallists
- A presentation will be made to the coach of the overall British Age Group Champions 4, 3 & 2

# British Championships

## Espoir

<b>Date:</b>	2 <sup>nd</sup> - 3 <sup>rd</sup> December	(No pre competition training)
<b>Venue:</b>	Surrey Sports Park, Richard Meyjes Road, Guildford GU2 7AD	
<b>Opening date:</b>	9 <sup>th</sup> September	
<b>Closing date:</b>	Noon 20 <sup>th</sup> October	
<b>Music entry closing date:</b>	Noon 24 <sup>th</sup> November	
<b>Entry Fee:</b>	£60.00 per gymnast	
<b>Code:</b>	FIG Junior Code and GB Espoir modifications	

### Espoir Eligibility

- Age 12 or 13 years old in year of competition
- Pass at Compulsory 1 or
- A qualifying score from the Challenge Cup

### Competition Structure:

- Competition format is as per FIG
- Beam dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.
- Apparatus specifications are as per FIG except for vault landing
- Apparatus supplied by Gymnova
- Additional matting (where available) will be permitted for podium training, warm up and touch warm up. Not to be used in competition
- There will be no relegation

### Coach Qualification and Passes:

- One coach (from two nominated) on the competition floor at any one time minimum Level 4

### Individual Apparatus Finalists

- Top 8 ranked gymnasts on Vault, Bars, Beam and Floor will be eligible to compete in apparatus finals
- Those attempting to qualify for Vault finals must submit an entry form at registration.***
- Espoirs will complete two different vaults which can be from the same group but with different numbers
  - First vault will be included in overall score
  - In finals the score of the two vaults will be calculated according to FIG rules

### Specific Apparatus Requirements:

- Refer to the WAG Age Group Regulations - Espoir Document  Extra soft board available for vault

### Tie Breaks:

- Tie-break rules as per FIG Regulations (World Championships) 

### Awards:

- Perpetual trophy, glass trophy and gold medal
- Silver medal
- Bronze medal
- A presentation will be made to the coach of the overall Espoir British Champion
- Diploma and flower awarded for places 1 – 6

# British Individual Apparatus Finals

## Espoir

**Code:** FIG Junior Code and GB Espoir modifications 

**Eligibility:** Eight highest scoring gymnasts on each piece from Espoir Championships


**Competition Structure:**

- Age group - Espoir
- Competition format is as per FIG
- Beam Dismounts – Coaches are permitted to stand in for beam dismounts without penalty at ALL competitions EXCEPT Senior British Championships. If they then touch the gymnast the normal FIG penalties will apply.

**Coach Qualification and Passes:**

- One coach (from two nominated) on the competition floor at any one time - minimum Level 4

**Specific Apparatus Requirements:**

- Refer to the WAG Age Group Regulations - Espoir Document  Extra soft board available for vault

**Tie Breaks:**

- Tie-break rules as per FIG Regulations (World Championships) 

**Awards:**

- Perpetual trophy, glass trophy, gold medal, diploma and flower for Vault, Bars, Beam and Floor
- Silver medal, diploma and flower for Vault, Bars, Beam and Floor
- Bronze medal, diploma and flower for Vault, Bars, Beam and Floor

## Appendices

### Appendix 1 - Home Countries, English Regions & Island Associations

#### **Home Countries**

England  
Scotland  
Wales  
Northern Ireland

#### **Website Address**

[www.british-gymnastics.org/england](http://www.british-gymnastics.org/england)  
[www.scottishgymnastics.org](http://www.scottishgymnastics.org)  
[www.welshgymnastics.org](http://www.welshgymnastics.org)  
[www.british-gymnastics.org/northern-ireland](http://www.british-gymnastics.org/northern-ireland)

#### **English Regions**

North  
North West  
Yorkshire  
West Midlands  
East Midlands  
East  
London  
South East  
South  
South West

[www.british-gymnastics.org/north](http://www.british-gymnastics.org/north)  
[www.nwga.co.uk](http://www.nwga.co.uk)  
[www.british-gymnastics.org/yorkshire](http://www.british-gymnastics.org/yorkshire)  
[www.british-gymnastics.org/west-midlands](http://www.british-gymnastics.org/west-midlands)  
[www.british-gymnastics.org/east-midlands](http://www.british-gymnastics.org/east-midlands)  
[www.british-gymnastics.org/east](http://www.british-gymnastics.org/east)  
[www.british-gymnastics.org/london](http://www.british-gymnastics.org/london)  
[www.british-gymnastics.org/south-east](http://www.british-gymnastics.org/south-east)  
[www.british-gymnastics.org/south](http://www.british-gymnastics.org/south)  
[www.british-gymnastics.org/south-west](http://www.british-gymnastics.org/south-west)

#### **Island Associations**

Isle of Man Gymnastics

[www.iomgymnastics.org](http://www.iomgymnastics.org)